# **Precarious Housing and Homelessness in Older Adults: Resources and Collaboration**



This is the **third workshop** in the series: "Effectively Working APS Cases for Persons Experiencing Homelessness". The series is designed to provide APS professionals with knowledge, practical tools, opportunities to build empathy and gain a better understanding of what many individuals who are homeless experience in order to work more effectively with this population.

In this third and final workshop, APS professionals will gain a basic understanding of how the complex systems of affordable housing and help for people experiencing homelessness have evolved. This workshop was designed to help participants identify and understand strategies that support their client's ability to navigate through those systems. This includes resources for other basic life needs which can help the money used for housing to stretch further.

After completing this workshop, participants will have insight to how the nation has shaped the response to homelessness on a state and federal level, what resources currently exist and how they can use those resources to help the people they work with. Participants will work individually and in breakout groups to locate and research useable resources and collaborative opportunities for their location and people they specifically work with. This includes an in-depth look at how California is shaping its response to homelessness. Participants will also be given resources to continue their learning process as programs and funding evolve.

## **Learning Objectives**

After completion of this training, participants will be able to:

- Define common language and terminology used when working with people who are at risk of, or are experiencing homelessness.
- Explain risk and contributing factors to becoming homeless and identify protective factors.
- Recognize how implicit and explicit bias impact the way APS professionals work with others.
- Apply a trauma-informed approach that is specific to those who are at risk of or are homeless.

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Cohort 1:

**Dates:** March 26, 2025 **Time:** 8:30 am – 12:00 pm

#### Cohort 2:

Dates: March 27, 2025

**Time:** 8:30 am – 12:00 pm

This course will be conducted remotely through <u>**Zoom**</u>. A link will be sent to the participants a week before training.

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Please register through your respective county's training process.

The registration due date for this training is Mon. January 6, 2025



This workshop is intended for new or experienced line staff. It is recommended that participants have some experience interviewing clients.

# **Course Requirements**

It is highly encouraged to have attended Workshops #1 and #2 prior to attending Workshop #3.

## **Meet the Trainer**

#### E. Penny Jacobo, LCSW

Elizabeth "Penny" Jacobo, LCSW, graduated with her M.S.W. from SDSU in 2012. She is currently the Training and Program Development Supervisor with the County of San Diego Adult Protective Services program. She has worked in APS for 11 years as an intern, a line worker and a Supervisor. Prior to APS, Penny worked as a case manager for adults with serious mental illness who were also involved in the criminal justice system, in an ACT (Assertive Community Treatment) setting. In addition to her job with the County, Penny



currently works as a private therapist, as well as a curriculum developer and trainer for APS programs around the country.

Penny can be found on Instagram: @E.PennyJacobo or you can visit her website at

#### https://www.pennyjacobo.net/

### **Virtual Training Protocol**

- o Download or update the most recent version of Zoom
- Please log in 5 to 10 minutes prior to the workshop to allow for troubleshooting, if needed
- It is highly recommended to use a headset for this workshop, as participants will be asked to participate in group discussions and small break-out groups
- Use "Computer Audio" for optimal experience
- If you have access to a functioning camera, we ask that you turn it on for the full duration of the workshop as it offers a more conducive learning experience.
- If you are planning to log on to the training using two separate devices (one for audio, one for video), please be sure to mute one of the devices to prevent any audio feedback.
- Please be sure your screen name is your first and last name in Zoom. Learners who are not able to identify themselves within the first 15 minutes of training, and remain unresponsive after the moderator has attempted to make contact via chat or verbally multiple times will need to be removed from the training session.
- Please refer to the "<u>Virtual Learning Tips</u>" handout for additional information on how to update your Zoom screen name, etc.

#### ADA

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