## **APS Supervisor Coaching Program**



Being a new APS Supervisor can be a complex, unique, and challenging experience! APSWI is excited to provide a special opportunity for new APS Supervisors to participate in a Supervisor Coaching Program designed to enhance knowledge, confidence, and develop value-based leadership skills.

What: APSWI's APS Supervisor Coaching Program will provide both group and individual coaching sessions and is designed to complement the APS Supervisor Core training deliveries which will include core competencies 1 through 4.

Supervisors will learn new information and enhance skills in the areas of Understanding Self as Supervisor, Diversity, Equity, & Inclusion (DEI), Supporting Team Building & Individual Development, and Case Consultation & Critical Thinking by completing pre-work, eLearnings, virtual instructor-led training, and participating in follow up activities.

Participants in the coaching program will have the opportunity to experience group and individual coaching that will allow them to explore and practice newly learned skills and behaviors, as well as support fellow participants in professional discovery and growth.

**Who:** This program will serve new APS Supervisors hired or promoted in April 2023 or after, in the following Southern California counties: San Diego, Imperial, Orange, Los Angeles, Riverside, and San Bernardino.

Where: Virtual, via ZOOM

When: August 2024 through May 2025 (specific dates to be identified)

- Aug-Sept: Competency 1- Understanding Self as Supervisor
- Oct-Dec: Competency 2- Diversity, Equity and Inclusion/Transformation
- Jan-Mar: Competency 3-Supporting Team Building and Individual Development
- Apr-May: Competency 4- Case Consultation and Critical Thinking



**Dates: August 2024 through** May 2025

Courses and Coaching will be conducted remotely through Zoom.



### REGISTRATION

Registration sign-ups will open on June 28, 2024 and are due by July 12, 2024. Contact your county training coordinator if you are interested in this coaching program.



APS Supervisors hired or promoted on or after April 1st 2023 and with manager approval.



# THE COACH

Amy Waszak (she/her/hers), Curriculum Development Specialist, LMFT, will serve as primary coach. Amy has experience as an APS Professional and APS Supervisor.

#### **Our Coach**

Amy Waszak (she/her/hers), APSWI Curriculum Development Specialist, LMFT, will serve as the primary coach. Amy has extensive experience as an APS Professional and APS Supervisor, with an emphasis on training and coaching. While developing curriculum and workforce development tools for APS professionals, Amy has been able to listen to and respond to the current needs of APS professionals in Southern California. Her understanding of psychological safety in the workplace, as well as a trauma-informed approach with both clients and staff, equip her with the tools needed for shared collaboration during coaching sessions.

### **Registration Information**

Up to 16 participants will be accepted into the coaching program and will automatically be enrolled in the supervisor core training deliveries.

Registration materials will be available in June 2024. If interested in participating, reach out to your county Training Coordinator.

#### Save the Dates

Orientation Kick-Off: August 29, 2024, 1:00-2:00pm

Competency 1 Training Deliveries: Sept 4<sup>th</sup> & 25<sup>th</sup>, 2024 with group coaching on October 2nd, 2024

Competency 2 Training Deliveries: Nov 6<sup>th</sup>,7<sup>th</sup>, & 21st, 2024 with group coaching on December 5th, 2024

Competency 3 Training Deliveries: Feb 4<sup>th</sup> – 5<sup>th</sup>, 2025 with group coaching on March 27th, 2025

Competency 4 Training Deliveries: May 6<sup>th</sup>- 8<sup>th</sup>, 2025 with group coaching on May 22nd, 2025

#### **ADA**

The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, as amended, the Academy for Professional Excellence prohibits discrimination on the basis of disability. To request accommodations, please contact your county's Human Resources representative.



We create experiences that transform the heart, mind, and practice.





