

# Executive Summary

In this workshop, APS professionals will gain foundational information on substance use and misuse, substance use related disorders experienced by older adults and explore what recovery can mean to this population. This workshop promises to summarize various substances that are most likely to be used by older adults and consider the impact they have on older adults. Participants will use the Substance Abuse and Mental Health Services Administration's (SAMHSA) working definition of recovery and guiding principles, as they explore risk factors specific to older adults. They will also work within that definition to review assessments that APS can use in order to create collaborative service plans that include interventions that mitigate risk, empowering clients to live a life of recovery.

## Virtual Training

- The following virtual instructional strategies are used throughout the course: a poll, lectures, large group discussions, and breakout groups helping participants apply interventions and SAMHSA principles to short case studies and examples. PowerPoint slides are used to help participants better define and retain the information provided.
- Participants will need access to a computer with video conferencing capability and be able to connect to the virtual platform being used to deliver this training. A headset or earbuds with microphone and a video camera are highly encouraged. Participant Manual is a fillable PDF if using Adobe Acrobat. Participants are encouraged to either print a hard copy or ensure access to Adobe Acrobat to allow for highlighting and note taking.

## Course Requirements

- There are no course requirements but it is recommended that participants have some experience interviewing clients.
- It is recommended that participants print out Handouts provided prior to attending training.

## Target Audience

This training is intended for new and experienced line staff who interview clients and collaterals, provide risk assessments and develop service plans.

## Learning Objectives:

Upon completion of this training participants will be able to:

- Define Substance Related Disorders
- Identify substances older adults are most susceptible to becoming dependent on
- Identify three risk factors of substance use disorders as seen in older adults and explain how those risk factors may impact the person

- Summarize SAMSHA's 10 principles of recovery as they apply to working with those served by APS
- Explain three interventions that can be used to create a collaborative service plan with someone experiencing a substance use disorder.

