# Hoarding: Part 1: A Collaborative Approach to Identifying, Assessing, and Addressing



Hoarding Disorder is a recognized mental health disorder characterized by persistent difficulty discarding of parting with possessions. The accumulation of a large number of possessions often clutters active living areas to the extent that their intended use is no longer possible. Left unchecked, hoarding may result in safety issues that affect not just the individual, but failure to address hoarding in an effective and coordinated manner often results in highcost crisis interventions that do not address the root causes of the problem resulting in failure to prevent evictions and reduce risks.

# **Learning Objectives**

#### Section 1: Understanding Hoarding Disorder

Participants will gain a better understanding of Hoarding Disorder as a mental health issue. Additionally, they will learn how to identify hoarding disorder and differentiate it from other issues with clutter.

#### Section 2: Empathy, Empowerment, and Engagement

Participants will learn how to use empathy and empowerment within their roles to help engage the individual and other team members in a compassionate and effective resolution process.

Section 3: Harm Reduction and the Collaborative Approach to Hoarding

Participants will learn to use and implement objective tools, skills, and strategies to develop effective multidisciplinary collaborative plans to resolve hoarding cases. This includes a case study and discussion on professional roles in hoarding cases (challenges, abilities, and limitations) and how to best utilize roles to complement the process.

# **Course Requirements**

It is strongly recommended that participants attend both parts of this training.



#### Cohort 1:

Date: Jan. 23, 2024 (Day 1) & Jan. 30, 2024 (Day 2)

Time: 9:00 a.m. - 12:00 p.m.

Cohort 2:

Date: Feb. 6, 2024 (Day 1) & Feb. 13, 2024 (Day 2)

### Time: 9:00 a.m. - 12:00 p.m.

This course will be conducted remotely through <u>**Zoom**</u>. A link will be sent to participants a week before training.



Please register through your respective county's training process.

The registration deadline for this training is Jan. 9, 2024.



This training is intended for new and experienced APS Professionals.



Marnie Matthews

#### **Meet the Trainer**

#### **Marnie Matthews**

Prior to the Center for Hoarding and Cluttering, Marnie was Clinical and Program Director of North Shore Center for Hoarding and Cluttering, an n4a 2016 award winning program she developed in 2012. Marnie speaks regularly across the U.S. on all aspects of Hoarding and developed the Uniform Inspection Checklist (UIC), an objective tool for assessing, goal setting, and monitoring and measuring progress in hoarding cases. The UIC is used nationwide, in Canada, and Australia to resolve hoarding cases. Marnie has been VP of The Hoarding Project's Board of Directors, and a member of the Middle Tennessee, North Shore, and Boston Hoarding Task Force and the MA Statewide Steering Committee on Hoarding. Marnie has been a Graduate Level SW Field Instructor for Salem State University, Simmons College, Denver University and continues to provide clinical supervision for social workers working towards licensure. Marnie also provides therapy at the Nashville OCD & Anxiety Treatment Center.

## **Virtual Training Protocol**

- o Download or update the most recent version of Zoom
- o Always use a headset, microphone, and have camera on when possible
- Use "Computer Audio" for optimal experience
- Consider logging in 10 minutes early to troubleshoot tech challenges
- o Limit distractions, prepare your workspace, find comfortable seating

#### ADA

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