The goal of this course is to provide APS supervisors with an understanding of their role as a coach to their staff. Supervisors will learn how to use these skills and techniques to facilitate staff’s development.

Course Requirements

Pre-Training Assignment: Trainees must review and complete the ASTD Coaching Self-Assessment Tool for Pre-Work prior to attending the training. The ASTD Coaching Self-Assessment Tool will be sent to trainees via email one week prior to the training.

Learning Objectives or Other Details

1. Explain the similarities and differences between coaching and mentoring
2. Identify when coaching and mentoring should be used.
3. Explain how coaching plays a critical role in staff development to create high performing teams.
4. Identify strengths and areas for development and improvement in coaching abilities.

Meet the Trainer

Brenda Wilson-Codispoti:

Brenda Wilson-Codispoti is a Licensed Clinical Social Worker with 25 years of experience working for Social Services and as a curriculum developer/trainer/educator. Brenda works as a Special Consultant for San Diego State University Academy for Professional Excellence and for the National Association of Adult Protective Services Workers (NAPSA). Brenda is also Adjunct Faculty for Cypress Community college.

Continued on page 2
Brenda previously held the position as Training Manager for the County of Orange Social Services Agency, in California from 2015-2020 and provided oversight for all Social Services training programs that supporting approximately 4300 employees.

Prior to her position as Administrative Manager II she worked for Adult Protective Services in Orange County for 11 yrs. as both a social worker and a supervisor. She was the lead trainer and considered a Subject Matter Expert (SME) for APS. She has created and provided specialized training to judicial officers, law enforcement, healthcare providers, and financial institutions

She has presented at numerous conferences including the California Bankers Association, NAPSA, and the California Welfare Directors Association (CWDA).

---

**Virtual Training Protocol**

- [Download or update the most recent version of Zoom](#)
- Please log in 5 to 10 minutes prior to the workshop to allow for troubleshooting, if needed
- It is highly recommended to use a headset for this workshop, as participants will be asked to participate in group discussions and small break-out groups
- Use "Computer Audio" for optimal experience
- If you have access to a functioning camera, we ask that you turn it on for the full duration of the workshop as it offers a more conducive learning experience.
- If you are planning to log on to the training using two separate devices (one for audio, one for video), please be sure to mute one of the devices to prevent any audio feedback.
- Please be sure your screen name is your first and last name in Zoom. Learners who are not able to identify themselves within the first 15 minutes of training, and remain unresponsive after the moderator has attempted to make contact via chat or verbally multiple times will need to be removed from the training session.
- Please refer to the “Virtual Learning Tips” handout for additional information on how to update your Zoom screen name, etc.

---

**ADA**

The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, as amended, the Academy for Professional Excellence prohibits discrimination on the basis of disability. To request accommodations, please contact APSWI at apstraining@sdsu.edu.

---

We create experiences that transform the heart, mind, and practice.

Visit us at [theacademy.sdsu.edu](http://theacademy.sdsu.edu).