Without a doubt, supervisors have one of the most multifaceted and difficult roles within APS programs. A clear understanding of key roles and responsibilities is instrumental for job success and satisfaction. Join us for this interactive, foundational training outlining the educational, supportive and administrative roles of the APS supervision. Explore APS supervisor competencies, best practice tips around transitioning from peer to supervisor, and the importance of professional boundaries for supervisors.

Learning Objectives

By the end of the training participants will be able to:

- Identify the three key roles of an APS supervisor and practice at least one element from these roles
- Discuss the six APS Supervisor Competencies and identify areas for individual growth and development
- Use case scenarios to discuss the issues that may arise around professional boundaries for supervisors and possible solutions

Course Requirements

- Pre-Training Assignment: Prior to the training, participants will be asked to complete the APS Supervisory Task Self-Analysis; it will take approximately 15 minutes. Note strength areas and areas that need improvement. This must be completed prior to attending the training. This self-analysis will be included in a processing activity and needs to be readily available for the training.
- Completion of the entire module is required to receive course completion credit.

Continued on page 2
Meet the Trainer

Elizabeth "Penny" Jacobo, LCSW, is the Training and Program Development Supervisor with the County of San Diego. She has worked in APS for 8 years and also has experience working as a case manager for adults with serious mental illness in an ACT setting.

Virtual Training Protocol

- Download or update the most recent version of Zoom
- Please log in 5 to 10 minutes prior to the workshop to allow for troubleshooting, if needed
- It is highly recommended to use a headset for this workshop, as participants will be asked to participate in group discussions and small break-out groups
- Use "Computer Audio" for optimal experience
- If you have access to a functioning camera, we ask that you turn it on for the full duration of the workshop as it offers a more conducive learning experience.
- If you are planning to log on to the training using two separate devices (one for audio, one for video), please be sure to mute one of the devices to prevent any audio feedback.
- Please be sure your screen name is your first and last name in Zoom. Learners who are not able to identify themselves within the first 15 minutes of training, and remain unresponsive after the moderator has attempted to make contact via chat or verbally multiple times will need to be removed from the training session.
- Please refer to the "Virtual Learning Tips" handout for additional information on how to update your Zoom screen name, etc.

ADA

The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, as amended, the Academy for Professional Excellence prohibits discrimination on the basis of disability. To request accommodations, please contact us at apstraining@sdsu.edu