# **APS Supervisor Core: Strengths-Based Development and Supervision**



(Module 1C)

Why focus on strengths? The research is clear that the use and development of strengths in the workplace increases work performance, retention, and well-being for staff at all levels. Join us for this interactive, foundational training on strengths-based development and supervision. Identify and explore your strengths and how to apply a strengths-based supervisory approach with your staff. Tips, tools and best practices will be shared for use on the job and in supervision.

### **Course Requirements**

- Pre-Training Assignment: Prior to the training, participants will be sent a Prework Supplemental Manual. They will complete a strengths assessment and the Your Top Strengths Handout (parts as indicated in directions). It will take approximately 60-75 minutes. This must be completed prior to attending the training. This will be included as a major processing activity and needs to be readily available for the training.
- Completion of the entire module is required to receive course completion credit.

## **Learning Objectives or Other Details**

By the end of this training participants will be able to:

- Compare and contrast the benefits and limitations of the strengths-based approach.
- Identify how each of your top strengths/talents (as described in your strengths assessment report) have contributed to your role/career.
- Discuss how you might approach supervising staff in an APS case study using the strengths-based approach and your top strengths/talents.



Date: September 7, 2023 Time: 1:00 p.m. - 3:00 p.m.

This course will be conducted remotely through **Zoom**. A link will be sent to participants a week before training.



Please register through your respective county's training process.

The registration deadline for this training is August 21.



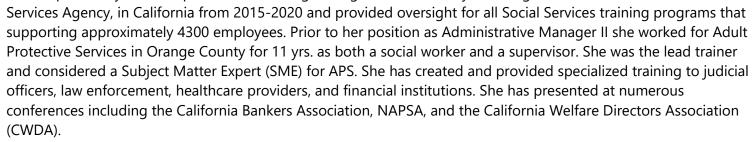
This workshop is intended for new supervisors or experienced staff who may require a refresher.

#### **Meet the Trainer**

#### Brenda Wilson-Codispoti's

Brenda Wilson-Codispoti is a Licensed Clinical Social Worker with 25 years of experience working for Social Services and as a curriculum developer/trainer/educator. Brenda works as a Special Consultant for San Diego State University Academy for Professional Excellence and for the National Association of Adult Protective Services Workers (NAPSA). Brenda is also Adjunct Faculty for Cypress Community college.

Brenda previously held the position as Training Manager for the County of Orange Social





- Download or update the most recent version of Zoom
- Please log in 5 to 10 minutes prior to the workshop to allow for troubleshooting, if needed
- It is highly recommended to use a headset for this workshop, as participants will be asked to participate in group discussions and small break-out groups
- Use "Computer Audio" for optimal experience
- If you have access to a functioning camera, we ask that you turn it on for the full duration of the workshop as it offers a more conducive learning experience.
- If you are planning to log on to the training using two separate devices (one for audio, one for video), please be sure to mute one of the devices to prevent any audio feedback.
- Please be sure your screen name is your first and last name in Zoom. Learners who are not able to identify themselves within the first 15 minutes of training, and remain unresponsive after the moderator has attempted to make contact via chat or verbally multiple times will need to be removed from the training session.
- Please refer to the "Virtual Learning Tips" handout for additional information on how to update your Zoom screen name, etc.

#### **ADA**

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We create experiences that transform the heart, mind, and practice.







