

APS Supervisor Core: Strengths-Based Development and Supervision

(Module 1C)



Why focus on strengths? The research is clear that the use and development of strengths in the workplace increases work performance, retention, and well-being for staff at all levels. Join us for this interactive, foundational training on strengths-based development and supervision. Identify and explore your strengths and how to apply a strengths-based supervisory approach with your staff. Tips, tools and best practices will be shared for use on the job and in supervision.

Course Requirements

- Pre-Training Assignment: Prior to the training, participants will be sent a Pework Supplemental Manual. They will complete a strengths assessment and the Your Top Strengths Handout (parts as indicated in directions). It will take approximately 60-75 minutes. This must be completed prior to attending the training. This will be included as a major processing activity and needs to be readily available for the training.
- Completion of the entire module is required to receive course completion credit.

Learning Objectives or Other Details

By the end of this training participants will be able to:

- Compare and contrast the benefits and limitations of the strengths-based approach.
- Identify how each of your top strengths/talents (as described in your strengths assessment report) have contributed to your role/career.
- Discuss how you might approach supervising staff in an APS case study using the strengths-based approach and your top strengths/talents.



VIRTUAL EVENT

Date: September 7, 2023

Time: 1:00 p.m. - 3:00 p.m.

This course will be conducted remotely through Zoom.

A link will be sent to participants a week before training.



REGISTRATION

Please register through your respective county's training process.

The registration deadline for this training is August 21.



AUDIENCE

This workshop is intended for new supervisors or experienced staff who may require a refresher.

Continued on page 2

Meet the Trainer

Brenda Wilson-Codispoti's

Brenda Wilson-Codispoti is a Licensed Clinical Social Worker with 25 years of experience working for Social Services and as a curriculum developer/trainer/educator. Brenda works as a Special Consultant for San Diego State University Academy for Professional Excellence and for the National Association of Adult Protective Services Workers (NAPSA). Brenda is also Adjunct Faculty for Cypress Community college.

Brenda previously held the position as Training Manager for the County of Orange Social Services Agency, in California from 2015-2020 and provided oversight for all Social Services training programs that supporting approximately 4300 employees. Prior to her position as Administrative Manager II she worked for Adult Protective Services in Orange County for 11 yrs. as both a social worker and a supervisor. She was the lead trainer and considered a Subject Matter Expert (SME) for APS. She has created and provided specialized training to judicial officers, law enforcement, healthcare providers, and financial institutions. She has presented at numerous conferences including the California Bankers Association, NAPSA, and the California Welfare Directors Association (CWDA).



Virtual Training Protocol

- Download or update the most recent version of Zoom
- Please log in 5 to 10 minutes prior to the workshop to allow for troubleshooting, if needed
- It is highly recommended to use a headset for this workshop, as participants will be asked to participate in group discussions and small break-out groups
- Use "Computer Audio" for optimal experience
- If you have access to a functioning camera, we ask that you turn it on for the full duration of the workshop as it offers a more conducive learning experience.
- If you are planning to log on to the training using two separate devices (one for audio, one for video), please be sure to mute one of the devices to prevent any audio feedback.
- Please be sure your screen name is your first and last name in Zoom. Learners who are not able to identify themselves within the first 15 minutes of training, and remain unresponsive after the moderator has attempted to make contact via chat or verbally multiple times will need to be removed from the training session.
- Please refer to the "Virtual Learning Tips" handout for additional information on how to update your Zoom screen name, etc.

ADA

The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, as amended, the Academy for Professional Excellence prohibits discrimination on the basis of disability. To request accommodations, please contact us at apstraining@sdsu.edu



We create experiences that transform the heart, mind, and practice.

Visit us at theacademy.sdsu.edu.

