Geriatric Certificate Training (GCT) Booster: Trauma-informed Care in the Treatment of Older Adults in Marginalized Communities

In support of the CA Master Plan for Aging’s goal of inclusion and equity, not isolation, this training offers tools for evidence-based, trauma-informed behavioral health services with older adults in marginalized communities. Service providers will explore how cultural, generational, and trauma experiences impact older adults in marginalized communities. Using case studies, service providers will practice how to engage with older adults in marginalized communities using trauma-informed skills.

See Training Outline below.

Learning Objectives

Upon completion of this training, participants will be able to:

- Define trauma-informed behavioral health care as applied to older adults in marginalized communities, including ACES
- Identify key cultural impacts on experiences of trauma among older adults in marginalized communities
- Identify potential barriers to accessing behavioral health services for older adults in marginalized communities who experienced trauma, including potential internal clinical and external social biases
- Explain how to use a trauma-informed lens to address an older adult’s experiences throughout life stages and role changes, including implications of culture and ethnicity, life stages and societal re-traumatization for older adults in marginalized communities
- Apply in-depth, evidence-based trauma-informed care principles with marginalized older adult populations

Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Who should attend

All behavioral health and substance use counselors, case managers, and other direct service providers to older adults and their caregivers. If you are outside of the BHS system please email RIHS@sdsu.edu. Please note in the email the training information and that you are outside of the BHS system.
Prerequisite

Cultural Competence as a Process eLearning

Course Code: BHE0100

Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings. [https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/](https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/)

ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for 5 hours of continuing education credit for LMFTs, LCSWs, LPPCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for 5 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/). Click here for the [CE Grievance Procedure](https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/).

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.

Visit us at [theacademy.sdsu.edu](https://theacademy.sdsu.edu).
Course Outline

Geriatric Certificate Training (GCT) Booster:
Trauma-informed Care in the Treatment of Older Adults in Marginalized Communities

Course Code: RIHS-0336

Kimberly Beckstead, LCSW

Educational Goal:

To improve trauma-informed, recovery-oriented delivery of behavioral health services to older adults in marginalized communities.

Learning Objectives:

Upon completion of this training, participants will be able to:

1. Define trauma-informed behavioral health care as applied to older adults in marginalized communities, including ACES

2. Identify key cultural impacts on experiences of trauma among older adults in marginalized communities

3. Identify potential barriers to accessing behavioral health services for older adults in marginalized communities who have experienced trauma, including potential internal (clinician) and external (society) biases around older adults in marginalized communities

4. Explain how to use a trauma-informed lens to address an older adult’s experiences throughout life stages and role changes, including implications of culture and ethnicity, life stages and societal re-traumatization for older adults in marginalized communities

5. Apply in-depth, evidence-based trauma-informed care principles with marginalized older adult populations

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9:30am – 9:40am</td>
<td>Introductions and Objectives</td>
</tr>
<tr>
<td>9:40-10:45 am</td>
<td>Activity One: A Look at Older Adults in Marginalized communities</td>
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<tr>
<td>10:45am – 11:00am</td>
<td>Break</td>
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<tr>
<td>11:00am – 12:00pm</td>
<td>Activity Two: Exploring Interactions of Changing Life Stages, Role Changes and Culture</td>
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<tr>
<td>12:00pm – 1:00pm</td>
<td>Lunch</td>
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<tr>
<td>1:00pm – 2:00pm</td>
<td>Activity Three: Breakout Group -- A look at specific trauma experience for older adults</td>
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<tr>
<td>2:00pm – 2:15pm</td>
<td>Break</td>
</tr>
<tr>
<td>2:15pm – 3:15pm</td>
<td>Activity Four: Putting it into Practice -- A further look at trauma in marginalized communities</td>
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<tr>
<td>3:15pm – 3:30pm</td>
<td>Wrap-up: Questions and Check-in – Post-test / Evaluations</td>
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*Please note: In order to receive completion and credit/CEs, you must have your video camera on for the duration of training.

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