This coaching opportunity offers previous participants who have completed the RIHS Cognitive Behavioral Therapy (CBT) Training Series opportunities for a quick review and then hands-on practice applying the skills they learned. During this 2-hour coaching session, participants will bring questions and comments to the Trainer about conducting CBT and addressing common challenges. Then, they will engage in practice sessions to hone their skills. This coaching and practice will support learners to sustain their CBT skill development.

Learning Objectives

Upon completion of this training, participants will be able to:

- Discuss common stumbling blocks/challenges
- Identify two skills that will improve how you integrate Cognitive Behavioral Therapy (CBT) into your service delivery
- Practice skills during the training

Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

VIRTUAL EVENT

Dates and Time:
- December 8, 2022 from 3:00-5:00pm
  OR
- December 14, 2022 from 9:00 – 11:00am

This course will be conducted remotely through Zoom. A link will be sent to participants a week before training.

REGISTRATION

Click here to log into the Learning Management System (LMS) and Register.

Course Code: RIHS-0337

Who Will Attend

Participants working in the BHS system of care who have previously completed a Cognitive Behavioral Therapy (CBT) training series with RIHS.

THE TRAINER

Steven R. Thorp, Ph.D., ABPP is a psychologist that has provided extensive training nationwide to clinicians on CBT, DBT and PE.

Learn more about Dr. Thorp.
Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first. Please follow us on social media for important updates from the Academy. Visit our website to find a comprehensive list of resources related to COVID-19 that are relevant to the Health and Human Services community. We hope these resources can offer support to you and your teams during the COVID-19 pandemic.

ADA
Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education
This course meets the qualifications for 2 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADEProvider # CP40 906 CH 0323 for 2 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.