Trauma and Attachment in Children Ages 0-5

Attachment theory tells us that the early child-caregiver relationship is the secure base from which children explore and learn about their world and that it will serve as a model for future relationships. When the attachment relationship is impaired or disrupted, healthy development is at risk. Early childhood matters because experiences early in life can have a lasting impact on later learning, behavior, and health. This training will provide participants with an opportunity to discuss the impact of trauma on early childhood development and the importance of parent/caregiver involvement. Participants will discuss current research and explore effective strategies for working with children who have experienced trauma and their families.

**Learning Objectives**

Upon completion of this training, participants will be able to:

- Define attachment
- Identify attachment behavior and attachment styles
- Increase understanding of the child-caregiver attachment process and its impact on child behavior
- Explain how traumatic stress impacts early childhood development
- Discuss the potential risk factors and protective factors related to maltreatment
- Identify the core elements of positive therapeutic experiences

**Registration Information**

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions.

This training is **FREE** of charge to BHS County employees and contractors.

**LIVE-VIRTUAL TRAINING**

**Date:** November 29, 2022  
**Time:** 8:30 AM – 3:30 PM

This course will be conducted remotely through **Zoom**. A link will be sent to participants a week before training.

**REGISTRATION**

Click here to log into the Learning Management System (LMS) and Register.

**Course Code:** RIHS-0093

**Who Should Attend**

CYF-BHS counselors, case managers, therapists, supervisors, and other direct services providers.

**THE TRAINER**

Denise VonRotz, LMFT, RPT-S, IF-ECMHS, RPF II, holds an endorsement as an Infant-Family Early Childhood Mental Health Specialist and a Reflective Practice Facilitator.
Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.
https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/

**ADA**

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

**Continuing Education**

This course meets the qualifications for 6 hour of continuing education credit forLMFTs, LCSWs, LPPCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40906 CH 0323 for 6 contact hour/CEH. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.
Course Outline

Trauma and Attachment in Children Ages 0-5

Course Code: RIHS-0093

Denise VonRotz, LMFT, RPT-S, IF-ECMHS, RPF II

Educational Goal:

To gain a deeper understanding of how trauma experienced by children ages 0-5 impacts attachment to improve the delivery of behavioral health services with children, youth and families.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:30 – 9:00 am</td>
<td>Welcome, Introduction, Objectives</td>
</tr>
<tr>
<td>9:00 – 10:15 am</td>
<td>Definition and history of attachment theory</td>
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<td>Attachment patterns</td>
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<td>Parent attachment styles</td>
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<td>10:15 – 10:30 am</td>
<td>Break</td>
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<tr>
<td>10:30 – 11:15 am</td>
<td>Impact of trauma on early childhood development</td>
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<tr>
<td>11:15 am – 12:00 pm</td>
<td>Risk factors and protective factors for maltreatment</td>
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<tr>
<td>12:00 – 1:00 pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:00 – 2:00 pm</td>
<td>Trauma-informed approach</td>
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<tr>
<td>2:00 – 2:15 pm</td>
<td>Break</td>
</tr>
<tr>
<td>2:15 – 3:15 pm</td>
<td>Core elements of positive therapeutic experiences</td>
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<tr>
<td>3:15 – 3:30 pm</td>
<td>Wrap Up: Questions &amp; Comments</td>
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*Please note: In order to receive completion and credit/CEs, you must have your video camera on for the duration of training.*

Visit us at theacademy.sdsu.edu/rihs.