

Implementing Harm Reduction Live Webinar



The County of San Diego and the San Diego SUD provider community have adopted a harm reduction philosophy of treatment. Harm reduction is an actualization of Continuous Comprehensive System of Care (CCISC) philosophy and is a set of practical strategies that includes safer use, managed use, abstinence, meeting people who use drugs "where they're at", and addressing conditions of use along with the use itself (National Harm Reduction Coalition). In this live webinar, we discuss harm reduction as it relates to the course of treatment, the role and purpose of a treatment provider, and both positive and challenging consequences associated with harm reduction. The differences between harm reduction for youth and adult populations and the implementation of Harm Reduction in programs in our SUD System of Care will also be discussed.

This webinar will help providers across Behavioral Health Services implement harm reduction practices and approaches, that support person-first and trauma-informed treatment philosophies.

Learning Objectives

- Explain the concepts and principles of Harm Reduction
- Discuss the impact of harm reduction on everyone in the SUD System of Care from residential to outpatient providers
- Describe the barriers and benefits of harm reduction in Behavioral Health
- Explain how Motivational Interviewing and Stages of Change can be utilized as a therapeutic style using a harm reduction perspective

Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.



LIVE WEBINAR

Date: September 21, 2022

Time: 11:00 a.m.-12:00 p.m.

This course will be conducted remotely through [Zoom](#). A link will be sent to participants a week before training.



REGISTRATION

[Click here](#) to log into the Learning Management System (LMS) and Register.

Course Code: BHE0140/Live



Who Will Attend

All SUD counselors, peer support specialists, case managers, therapists and other direct service providers



THE TRAINER

Terri Hagmann-Garcia BS, CADC III-CA, SUDCC III-CS is currently the Manager of Program Services at Family Health Centers of San Diego. She is an unapologetic optimist and a woman whose passion for making a difference is embedded in every day of her life.

[Learn more about Terri](#)

Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.
<https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/>

**COVID Message and
In-person Training Protocol**

ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for 1 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for 1 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

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Implementing Harm Reduction

Live Webinar

Terri Hagmann-Garcia, B.S., CADC III-CA, SUDC-CS

Educational Goal:

To gain a deeper understanding of Harm Reduction in behavioral health services.

Learning Objectives:

Upon completion of this training, participants will be able to:

1. Explain the concepts and principles of Harm Reduction
2. Discuss the impact of harm reduction on everyone in the SUD System of Care from residential to outpatient providers
3. Describe the barriers and benefits of harm reduction in Behavioral Health
4. Explain how Motivational Interviewing and Stages of Change can be utilized as a therapeutic style using a harm reduction perspective .

| Time | Activity |
|-------------------|---|
| 11:00am – 11:15am | Explain the concepts and principles of Harm Reduction |
| 11:15am – 11:30am | Discuss the impact of harm reduction on everyone in the SUD System of Care from residential to outpatient |
| 11:30am – 11:45am | Describe the barriers and benefits of harm reduction in Behavioral Health |
| 11:45am – 12:00pm | Explain how Motivational Interviewing and Stages of Change can be utilized as a therapeutic style using a harm reduction perspective; Questions and closing |

***Please note: In order to receive completion and credit/CE's, you must have your video camera on for the duration of training.**