

EXECUTIVE SUMMARY
***UNDERSTANDING TRAUMA-INFORMED CARE FOR APS
SUPERVISORS***

There are critical intersections between adult maltreatment and trauma over the life course and research, practice, and training for caseworkers and supervisors from a trauma-informed framework is crucial. Join us for this interactive, foundational training on a trauma-informed framework for APS supervisors. We'll learn about a trauma-informed care approach from biological, programmatic, and policy levels. We'll explore the definition of trauma, the ACEs study and its impact on our understanding of trauma across the lifespan, the link between trauma and adult maltreatment, and some practical tips and tools for supervisors and staff to use on the job.

Virtual Training:

- The following virtual instructional strategies are used throughout the course: short lectures (lecturettes), interactive activities/exercises including breakout groups, chat box discussions, large group discussions, self-reflection, poll options, and individual practice. PowerPoint slides and role-playing/demonstrations are used to stimulate discussion and skill development.
- Participants will need access to a computer with video conferencing capability and be able to connect to the virtual platform being used to deliver this training. A headset or earbuds with microphone and a video camera are highly encouraged. Participant Manual is a fillable PDF if using Adobe Acrobat. Participants are encouraged to either print a hard copy or ensure access to Adobe Acrobat to allow for highlighting, typing in comments and filling out worksheets.

Course Requirements: Completion of the entire module is required to receive course completion credit.

Target Audience: This workshop is intended for new supervisors or experienced staff who may require a refresher.

Outcome Objectives for Participants:

By the end of this training, participants will be able to:

- Explain SAMHSA's trauma-informed three-part model, and how trauma can lead to neuro-dysregulation.

- Describe the relationship between Adverse Childhood Experiences (ACEs) and trauma in early life, and elder abuse, adult disease, disability, and early death.
- Identify the ways trauma impacts people throughout their lifespans, the signs of trauma in older adults and adults with disabilities, and best practices for asking about exposure to trauma.
- Distinguish between a threat to physical safety and a risk to emotional security using a decision tree; and
- Apply trauma-informed care principles to safety screening and safety planning.