

Trauma and Attachment in Children Ages 0-5



CHILDREN, YOUTH AND FAMILIES
SYSTEM OF CARE
TRAINING ACADEMY

Attachment theory tells us that the early child-caregiver relationship is the secure base from which children explore and learn about their world and it will serve as a model for future relationships. When the attachment relationship is impaired or disrupted, healthy development is at risk. Early childhood matters because experiences early in life can have a lasting impact on later learning, behavior, and health. This training will provide participants with an opportunity to discuss the impact of trauma on early childhood development as well as the importance of parent/caregiver involvement. Participants will discuss current research and explore effective strategies for working with children who have experienced trauma and their families.

Learning Objectives

Upon completion of this training, participants will be able to:

- Define attachment
- Identify attachment behavior and attachment styles
- Increase understanding of the child-caregiver attachment process and its impact on child behavior
- Explain how traumatic stress impacts early childhood development
- Discuss the potential risk factors and protective factors related to maltreatment
- Identify the core elements of positive therapeutic experiences



Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions.

This training is **FREE** of charge to BHS County employees and contractors.

LIVE-VIRTUAL TRAINING



Date: June 7, 2022

Time: 8:30 AM – 3:30 PM

This course will be conducted remotely through [Zoom](#). A link will be sent to participants a week before training.

REGISTRATION

[Click here](#) to log into the Learning Management System (LMS) and Register.

Course Code: BH0093

Who Should Attend

CYF-BHS counselors, case managers, therapists, supervisors, and other direct services providers.



THE TRAINER

[Denise VonRotz](#), LMFT, RPT-S, IF-ECMHS, RPF II, holds an endorsement as an Infant-Family Early Childhood Mental Health Specialist and a Reflective Practice Facilitator

Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.
<https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/>

**COVID Message and
In-person Training Protocol**

ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for **6** hour of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for **6** contact hour/CEH. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.



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Course Outline



Ages 0-5 Trauma and Attachment

Course Code: BH0093

[Denise VonRotz](#), LMFT, RPT-S, IF-ECMHS, RPF II

Educational Goal:

To gain a deeper understanding of how trauma experienced by children ages 0-5 impacts attachment to improve the delivery of behavioral health services with children, youth and families.

Time	Activity
8:30 – 9:00 am	Welcome, Introduction, Objectives
9:00 – 10:15 am	Definition and history of attachment theory Attachment patterns Parent attachment styles
10:15 – 10:30 am	Break
10:30 – 11:15 am	Impact of trauma on early childhood development
11:15 am – 12:00 pm	Risk factors and protective factors for maltreatment
12:00 – 1:00 pm	Lunch
1:00 – 2:00 pm	Trauma-informed approach
2:00 – 2:15 pm	Break
2:15 – 3:15 pm	Core elements of positive therapeutic experiences
3:15 – 3:30 pm	Wrap Up: Questions & Comments

***Please note: In order to receive completion and credit/CEs, you must have your video camera on for the duration of training.**

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