

Geriatric Certificate Training (GCT) Behavioral Health Training Booster: Older Adults & Hoarding



This interactive virtual training engages evidence-based strategies to decrease hoarding symptoms, including cognitive rehabilitation, exposure therapy, and motivational interviewing. Hoarding disorder (HD) is a chronic, progressive, debilitating psychiatric condition that starts early in life, progresses in severity with age and does not remit if untreated. The prevalence of provisional HD diagnoses increases by 20% with every 5 years of age. Defined by persistent difficulty parting with possessions, HD leads to devastating personal and community consequences. As clutter accumulates and fills active living areas, substantial distress and disability result. Up to 20% of the United States (US) population reports difficulty discarding worn-out or useless items. The highest prevalence rates of HD are seen in older adults. Providers will gain trauma-informed approaches from this training.

See [Training Outline](#) below.

Learning Objectives

Upon completion of this training, participants will be able to:

- Apply the DSM-5 TR criteria for Hoarding Disorder in a behavioral health setting
- Discuss the characteristics uniquely associated with Hoarding Disorder in Older Adults
- Use five techniques when interacting with someone with Hoarding Disorder and know when to use each
- Delineate the distinctive features, deficits, and treatment of Hoarding Disorder
- Describe behavioral techniques that produce clinically significant change in hoarding behaviors in older adults



Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.



Audience

This training is open to behavioral and allied health professionals and persons caring for older adults who are outside the BHS system. If you are

outside of the BHS system please email RIHS@sdsu.edu. Please note in the email the training information and that you are outside of the BHS system.

LIVE VIRTUAL TRAINING

This training will be conducted via [Zoom](#).

May 19, 2022

10:00 a.m. - 2:00 p.m.

Participants will receive 4 CE's upon completion of ALL training activities. No partial CE's will be given.

Log into the [RIHS LMS](#) to register.

Course Code: BH0319

See [Registration Information](#) for further information.

THE TRAINER

[Catherine Ayers, Ph.D., ABPP](#)

Thank you for your continued understanding about our need to

put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.

<https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/>

**COVID Message and
In-person Training Protocol**

ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for 4 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for 4 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.



We create experiences that transform the heart,
mind, and practice.

Visit us at theacademy.sdsu.edu.



Geriatric Certificate Training (GCT) Booster: Older Adults and Hoarding Virtual Training

[Catherine Ayers, Ph.D., ABPP](#)

Educational Goal:

To improve the delivery of behavioral and allied health services to older adults, particularly trauma-informed support for older adults with hoarding-related issues.

Learning Objectives:

Upon completion of this training, participants will be able to:

1. Apply the DSM-5 TR criteria for Hoarding Disorder in a behavioral health setting
2. Discuss the characteristics uniquely associated with Hoarding Disorder in Older Adults
3. Use five techniques when interacting with someone with Hoarding Disorder and know when to use each
4. Delineate the distinctive features, deficits, and treatment of Hoarding Disorder
5. Describe behavioral techniques that produce clinically significant change in hoarding behaviors in older adults

Time	Activity
10:00am – 10:45am	Hoarding Overview in Older Adults: Clinical Features and Consequences
10:45am – 11:45am	Behavioral Intervention Part 1: Introduction to Exposure Therapy
11:45am – 12:00pm	Break
12:00pm – 1:15pm	Behavioral Intervention Part 2: Exposure Therapy, Hoarding Delivery, Motivational Interviewing
1:15pm – 2:00pm	Case presentations, Questions, and Check-in

***Please note: In order to receive completion and credit/CEs, you must have your video camera on for the duration of training.**