

Geriatric Certificate Training (GCT) Advanced Behavioral Health Training Series



This engaging, interactive multi-day virtual training series explores how behavioral health, aging, primary care, and allied professionals can best support older adults and their caregivers. Participants will gain awareness, knowledge and skills to identify and assess unique biopsychosocial health issues and risk factors that older adults and their caregivers may experience, including the difference between aging successfully vs. aging with illness. This series provides participants with skills in engagement, assessment, trauma-informed care, and interventions. Through case vignettes and examples, participants will explore how cultural, generational, and trauma can affect older adults.

See [Training Outline](#) below.

Learning Objectives

Upon completion of this training series, participants will be able to:

- Recognize the unique needs of older adults
- Explain how culture influences the aging process
- Distinguish symptoms and preferred terms for dementia, "delirium," and depression
- Express understanding of the effects of trauma and its prevalence over the life span
- Define and differentiate among empirically based treatment models for older adults
- Practice trust and rapport building when providing treatment and services to LGBTQ+ older adults
- Provide appropriate referrals and resources



Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.



Audience

This training is open to Allied Health Professionals and persons caring for older adults who are outside the BHS system. If you are outside of the BHS system please email RIHS@sdsu.edu. Please note in the email the training information and that you are outside of the BHS system.

LIVE VIRTUAL TRAINING



This training will be conducted via [Zoom](#).

Day 1: December 7, 2021
9:00 a.m. - 2:00 p.m.

Day 2 - 2 parts:
January 4, 2022 and
January 18, 2022
9:00 a.m. - 12:00 p.m.

Day 3: February 2, 2022
9:00 a.m. - 2:00 p.m.

Day 4: February 8, 2022
9:00 a.m. - 2:00 p.m.

Participants will receive 22 CE's upon completion of ALL training activities. No partial CE's will be given.

Log into the  [RIHS LMS](#) to register.

Course Code: BH0226

See [Registration Information](#) for further information.

THE TRAINERS

[Kimberly Beckstead, LCSW](#)

[Jessica Empeño, MSW](#)

[Frank Ogle, Ph.D., LMFT](#)

[Susan Writer PhD](#)

Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.
<https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/>

COVID Message and In-person Training Protocol

ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for 22 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for 22 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.



We create experiences that transform the heart, mind, and practice.

Visit us at theacademy.sdsu.edu.



Course Outline



Geriatric Certificate Training (GCT)

Introduction Behavioral Health

Virtual Training Series

Lynnetta Devereaux, LMFT, Susan Writer, Ph.D, Myesha Barton, LMFT, Martha Ranon

Educational Goal:

To improve the application of Relapse Prevention in the delivery of behavioral health services.

Learning Objectives:

Upon completion of this training, participants will be able to:

1. *Identify and describe unique needs of older adults*
2. *Assess and determine appropriate evidence-based treatment models for older adults*
3. *Recognize crisis situations for older adults*
4. *Identify drug use trends, types and symptoms of substance use in older adults*
5. *Describe the healthy grieving process when dealing with loss and dealing with end of life decisions*
6. *Identify legal and ethical issues related to healthcare and aging, including Advanced Health Care Directives*

Time

Activity

| | |
|------------------|------------------------|
| 9:15am – 9:30am | Activity One |
| 9:30am – 12:00am | Activity Two |
| 12:00pm – 1:00pm | Lunch |
| 1:00pm – 3:00pm | Activity Three |
| 3:00pm – 3:30 | Questions and Check-in |

***Please note: In order to receive completion and credit/CE's, you must have your video camera on for the duration of training.**