

Geriatric Certificate Training (GCT) Introduction Behavioral Health Training Series



Trainer(s): [Lynnetta Devereaux, LMFT](#); [Susan Writer, Ph.D.](#); [Myesha Barton, LMFT](#),
Martha Ranon

Course Code: BH0205

Course Description

This engaging, interactive multi-day virtual training series explores how behavioral health, aging, primary care, and allied professionals can best support older adults and their caregivers. Participants will gain awareness, knowledge and skills to identify and assess unique biopsychosocial health issues and risk factors that older adults and their caregivers may experience, including mental health challenges, substance use or misuse, and the spiritual and ethical issues that arise with end of life decisions.

Training Outline attached below.

Audience

This training is open to professionals in the allied health field working with older adults, including older adult communities and outreach programs outside the BHS system. Please see Registration information for further info on how to register.



Live Virtual Training:

This training will be conducted via [Zoom](#).

Dates & Times

Day 1 3/2/2022, 9 AM—1 PM

Day 2 3/10/2022, 9 AM—2 PM

Day 3 (2 Parts) 3/30/2022 AND 4/6/2022, 9 AM - 12 PM

Learning Objectives

Upon completion of this training series, participants will be able to:

- Identify and describe unique needs of older adults
- Assess and determine appropriate evidence-based treatment models for older adults
- Recognize crisis situations for older adults
- Identify drug use trends, types and symptoms of substance use in older adults
- Describe the healthy grieving process when dealing with loss and dealing with end of life decisions
- Identify legal and ethical issues related to healthcare and aging, including Advanced Health Care Directives

[Click Here](#) to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors. This training is open to Allied Health Professionals and persons caring for older adults who are outside the BHS system. If you are outside of the BHS system please email RIHS@sdsu.edu. Please note in the email the training information and that you are outside of the BHS system.

Continuing Education: This course meets the qualifications for 15 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for 15 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).



We create experiences that transform
the heart, mind and practice.



Introduction to Geriatric Behavioral Health Certificate Training: Day 1

March 2, 2022

[Lynnetta Devereaux, LMFT](#)

Educational Goal: *To enhance a practitioner's knowledge and skills needed to work with older adults*

Introduction to Behavioral Health

Learning Objects: *Upon completion of this training, participants will be able to:*

1. Identify and describe four types of mental disorders affecting older adults:
 - Anxiety Disorders
 - Psychosis and Psychotic Disorders
 - Cognitive Disorders
 - Mood Disorders
 2. Recognize symptoms related to four types of common mental disorders
 3. Assess and determine appropriate evidence-based treatment models for older adults
 4. Identify self-care and early intervention methods for you and your participants
-

<i>Time</i>	<i>Activity</i>
9:00 am - 9:15 am	Introductions/Welcome/Objectives
9:15 am - 10:30 am	Mental Health and Older Adults
10:30 am - 10:40 am	Break
10:40 am - 12:00 pm	Mental Health and Older Adults, continued
12:00 pm - 12:10 pm	Break
12:10 pm - 12:50 pm	Self-care and Early Intervention
12:50 pm - 1:00 pm	Course Wrap-up and Evaluations

*Please note in order to receive completion and credit/ CE's, you must be present for the duration of training.

Introduction to Geriatric Behavioral Health Certificate Training: Day 2

March 10, 2022

[Susan Writer, Ph.D.](#)

Educational Goal: *To enhance a practitioner's knowledge and skills needed to work with older adults*

Substance Use, Crisis Intervention, Legal and Ethical Issues in Geriatric Mental Health

Learning Objects: *Upon completion of this training, participants will be able to:*

1. Identify drug use trends, types and symptoms of substance use in older adults
2. Recognize crisis situations for older adults
3. Identify and utilize resources available in crisis situations for older adults
4. Recognize legal and ethical issues related to healthcare and aging, including Advanced Health Care Directives
5. Demonstrate an ethical decision making model
6. Identify legal resources for seniors

<i>Time</i>	<i>Activity</i>
8:30 am - 9:00 am	Introductions/Objectives
9:00 am - 10:30 am	Crisis Intervention for Older Adults
10:30 am - 10:45 am	Break
10:45 am - 12:00 pm	Crisis Intervention for Older Adults (Cont.)
12:00 pm - 12:30 pm	Lunch
12:30 pm - 1:50 pm	Ethics and Legal Considerations for Older Adults
1:50 pm - 2 pm	Wrap – Up: Questions, Comments, and Evaluations

Introduction to Geriatric Behavioral Health Certificate Training: Day 3 Part 1

March 30, 2022

[Myesha Barton, LMFT](#)

Educational Goal: *To enhance a practitioner's knowledge and skills need to work with older adults*

Spirituality and Grief in the Geriatric Population at the End of Life

Learning objects: *Upon completion of this training, participants will be able to:*

1. Recognize considerations around spiritual issues at the end of life
 2. Develop a common language
 3. Describe a healthy grieving process when dealing with loss and end of life decisions
 4. Describe commonalities by loss type
 5. Explain professional considerations when grief is complicated
-

<i>Time</i>	<i>Activity</i>
9:00 am – 9:10 am	Introductions/Welcome/Objectives
9:10 am – 10:30 am	Spirituality and Grief in Older Adults
10:30 am – 10:40 am	Break
10:40 am – 11:50 am	Spirituality and Grief in Older Adults Continued
11:50 am – 12:00 pm	Course Wrap – Up and Evaluations

*Please note in order to receive completion and credit/ CE's, you must be present for the duration of training.

Introduction to Geriatric Behavioral Health Certificate Training: Day 3 Part 1

April 6, 2022

Martha Rañón, Southern Caregiver Resource Center

Educational Goal: *To enhance a practitioner's knowledge and skills need to work with older adults*

Learning objects: *Upon completion of this training, participants will be able to:*

1. Identify what it is to be a caregiver
2. Recognize the challenges associated with caregiving
3. List ways to assist caregivers
4. Name resource groups that are available for older adults and caregivers

<i>Time</i>	<i>Activity</i>
9:00 am - 9:10 am	Introductions/Welcome/Objectives
9:10 am – 10:30 am	Caregiving and Caregivers
10:30 am – 10:40 am	Break
10:40 am – 11:50 am	Resources for Older Adults and Caregivers
11:50 am – 12:00 pm	Course Wrap – Up and Evaluations

*Please note in order to receive completion and credit/ CE's, you must be present for the duration of training.