

TRANSFER OF LEARNING MI TOOL LIST

TOPIC	LINK	FOR WHOM	NOTES/POSSIBLE ACTIVITIES:
Resource: Motivational Interviewing Network of Trainers (MINT), Inc	<a href="https://motivationalinterviewing.org/">https://motivationalinterviewing.org/</a>	Individual and Supervisor	Website offers a library of free resources available to support continued learning such as 7 min video on MI, manuals, research, videos, PowerPoint presentations, MI in the News, etc.
Resource: Website of Co-Author William Miller	<a href="https://williamrmiller.net/">https://williamrmiller.net/</a>	Individual and Supervisor	Website offers information on what is MI, consultation and training by William Miller.
Resource: Website of Co-Author Stephen Rollnick	<a href="https://www.stephenrollnick.com/about-motivational-interviewing/">https://www.stephenrollnick.com/about-motivational-interviewing/</a>	Individual and Supervisor	Website offers information on what is MI, consultation and training by Stephen Rollnick.
Resource: MI and Psychotherapy	<a href="http://www.mitrip.org/ojs/index.php/mitrip/article/view/6/31">http://www.mitrip.org/ojs/index.php/mitrip/article/view/6/31</a>	Individual and Supervisor	Article by William Miller.
Resource: MI and Teens	<a href="https://groupmiforteens.org/">https://groupmiforteens.org/</a>	Individual and Supervisor	Website dedicated to group MI for teens.
Resource: MI Podcast	Talking to Change Podcast	Individual and Supervisor	Spotify Podcast by two members of MINT dedicated to MI concepts and multiple contexts.
Knowledge: Overview of MI	<a href="https://www.youtube.com/watch?v=SsNgZ47o2l4">https://www.youtube.com/watch?v=SsNgZ47o2l4</a> 2 min <a href="https://www.youtube.com/watch?v=BtATq6dHaus">https://www.youtube.com/watch?v=BtATq6dHaus</a> 1 min	Individual and Supervisor	Two videos with William Miller and MI.
Knowledge: Overview of MI	<a href="https://www.youtube.com/watch?v=SAntO8nLDMQ">https://www.youtube.com/watch?v=SAntO8nLDMQ</a> 56 min	Individual and Supervisor	Video of Stephen Rollnick lecturing on MI and South Africa/HIV setting
Knowledge: Supervision	<a href="https://motivationalinterviewing.org/sites/default/files/mia-step.pdf">https://motivationalinterviewing.org/sites/default/files/mia-step.pdf</a>	Supervisor	Although this manual is specific to MI and Assessment (MI 2 <sup>nd</sup> Edition), there is information and tools to assist a supervisor/mentor in providing support for continued learning MI. Please note that principles and decision balance are

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			not part of MI – 3 <sup>rd</sup> edition but information is useful.
Knowledge: Supervision	<a href="https://www.youtube.com/watch?v=YlhMsTdZMVM&amp;t=399s">https://www.youtube.com/watch?v=YlhMsTdZMVM&amp;t=399s</a> 12 min	Supervisor	This video by William Miller offers information on Change Talk within the leadership context.
Knowledge: Author of MI	<a href="https://www.youtube.com/watch?v=SAntO8nLDMQ&amp;feature=youtu.be">https://www.youtube.com/watch?v=SAntO8nLDMQ&amp;feature=youtu.be</a>		South Africa HIV
Knowledge: Glossary	<a href="https://motivationalinterviewing.org/sites/default/files/glossary_of_mi_terms-1.pdf">https://motivationalinterviewing.org/sites/default/files/glossary_of_mi_terms-1.pdf</a>	Individual and Supervisor	Definition of Terms for the Third Edition of MI. Page is found within the Library Tab of the MINT website.
Knowledge: MI Spirit	<a href="https://www.youtube.com/watch?v=Vr-aZ4tdoac">https://www.youtube.com/watch?v=Vr-aZ4tdoac</a> 2 min	Individual and Supervisor	Video Excerpt of Stephen Rollick
Knowledge: Righting Reflex	<a href="https://vimeo.com/18469694">https://vimeo.com/18469694</a> 2 min	Individual and Supervisor	Video explanation of “Righting Reflex” by William Miller
Knowledge: Motivation	<a href="https://store.samhsa.gov/product/TIP-35-Enhancing-Motivation-for-Change-in-Substance-Use-Disorder-Treatment/PEP19-02-01-003">https://store.samhsa.gov/product/TIP-35-Enhancing-Motivation-for-Change-in-Substance-Use-Disorder-Treatment/PEP19-02-01-003</a>	Individual and Supervisor	Free Publication by the Substance Abuse and Mental Health Services Administration (SAMSHA): “Enhancing Motivation for Change in Substance Abuse Disorder Treatment”
Skill Development: Identify OARS	<a href="https://www.youtube.com/watch?v=A-3wZrLkZpE">https://www.youtube.com/watch?v=A-3wZrLkZpE</a> 8 min	Individual and Supervisor	Watch coded video to support identifying OARS skills. Identify what type of reflections are used. Can use Observer Sheet from link below on page 36. Context: Employment
Skill Development: Identify OARS	<a href="https://www.youtube.com/watch?v=b8C1jQe0FZE&amp;t=18s">https://www.youtube.com/watch?v=b8C1jQe0FZE&amp;t=18s</a> (16 min)	Individual and Supervisor	Watch classic MI demonstration by Terri Moyers and code OARS using the OARS sheet from free training resource by MINT on page 38: <a href="https://motivationalinterviewing.org/sites/default/files/tnt_manual_rev_2020.pdf">https://motivationalinterviewing.org/sites/default/files/tnt_manual_rev_2020.pdf</a> Context: Substance Use

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Skill Development: Identify 4 elements of MI Spirit and OARS	<a href="https://www.youtube.com/watch?v=P3JUXQ4kkHs&amp;t=4s">https://www.youtube.com/watch?v=P3JUXQ4kkHs&amp;t=4s</a> (23 min)	Individual and Supervisor	Watch the video and decide what you will identify: 4 element of MI Spirit, OARS or CT. Use Observer sheets from TNT manual (see link above) on pages 36-38. Context: Engaging and Focusing with Domestic Violence
Skill Development: Putting It All Together	<a href="https://www.youtube.com/watch?v=PQzrx7JmUkM&amp;t=2s">https://www.youtube.com/watch?v=PQzrx7JmUkM&amp;t=2s</a> 16 min	Individual and Supervisor	Watch coded video for 4 Processes, OARS, EPE, Change Talk (motivation). Context: Substance Use
Skill Development: Responding to Discord	<a href="https://www.youtube.com/watch?v=bTRRNWrwRCo&amp;t=15s">https://www.youtube.com/watch?v=bTRRNWrwRCo&amp;t=15s</a> 6 min	Individual and Supervisor	Watch video by Stephen Rollnick and identify skills utilized to respond to discord as focusing is being approached. Context: Health Care
Skill Development: Change Talk	Kognito – Change Talk is available online and/or as a phone application. <a href="https://go.kognito.com/changetalk">https://go.kognito.com/changetalk</a>	Use as a support tool in learning	App is free and coach is included. Search for “kognito-change talk” in the App Store. Available on iPhone and Android. Online download is available.
Skill Development: Application of MI in Supervision	<a href="https://www.youtube.com/watch?v=p5bmNL16w9A&amp;feature=youtu.be">https://www.youtube.com/watch?v=p5bmNL16w9A&amp;feature=youtu.be</a> 15 min	Supervisor	Watch both approaches and identify how each approach impacts the development of the therapist. Also, identify the MI skills used by the supervisor by using Observer Sheet to code supervisor use MI.
Tool: Mini Poster	<a href="https://www.centerforebp.case.edu/resources/tools/housing-motivation-miniposter">https://www.centerforebp.case.edu/resources/tools/housing-motivation-miniposter</a>	Individual and Supervisor	Free download to promote stability in housing by providing helpful hints on motivation.
Tool: Reminder Card	<a href="https://www.centerforebp.case.edu/resources/tools/mi-reminder-card">https://www.centerforebp.case.edu/resources/tools/mi-reminder-card</a>	Individual and Supervisor	Free download. A reminder card that can be used as a guide for self-correction during the MI conversation within a variety of settings.
Tool: Values Card Sort	<a href="https://motivationalinterviewing.org/sites/default/files/valuescardsort_0.pdf">https://motivationalinterviewing.org/sites/default/files/valuescardsort_0.pdf</a>	Individual and Supervisor	Free download of a set of value cards that can used during the MI

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	<a href="https://sakai.ohsu.edu/access/content/group/Kathlynn_Tutorials/public/Value%20Card%20Sort%20Exercise%20-%20Storyline%20output/story_html5.html">https://sakai.ohsu.edu/access/content/group/Kathlynn_Tutorials/public/Value%20Card%20Sort%20Exercise%20-%20Storyline%20output/story_html5.html</a>		conversation. Supervisor can consider a demonstration of values card sort. Second link is for an online version of a values card sort.
Tool: Core Skills	MI Basic Interventions	Individual and Supervisor	A grid with helpful hints of how to use the OARS, EPE and MI Spirit within each process of MI.
Tool: Elicit feedback from client	<a href="https://motivationalinterviewing.org/sites/default/files/cemi_11_items_final.pdf">https://motivationalinterviewing.org/sites/default/files/cemi_11_items_final.pdf</a>	Individual and Supervisor	Use to include the voice of the client in treatment.
Other Contexts:			
Engage with Parents	<a href="https://eclkc.ohs.acf.hhs.gov/video/using-motivational-interviewing-techniques-more-effectively-partner-parents">https://eclkc.ohs.acf.hhs.gov/video/using-motivational-interviewing-techniques-more-effectively-partner-parents</a> 57 min	Individual and Supervisor	Lecture style video on MI with parents. Video includes brief video demonstrations.
MI Videos with parents	<a href="https://eclkc.ohs.acf.hhs.gov/mental-health/article/motivational-interviewing-suite">https://eclkc.ohs.acf.hhs.gov/mental-health/article/motivational-interviewing-suite</a>	Individual and Supervisor	Use this video guide to support various MI elements demonstrated in the 2 video demonstrations. <a href="https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/interviewing-viewers-guide.pdf">https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/interviewing-viewers-guide.pdf</a>
MI & Care Coordination & parents	<a href="https://vimeo.com/130906336">https://vimeo.com/130906336</a>	Individual and Supervisor	Lecture Style video by member of MINT. Watch to gain more knowledge.  Utilize guide to help support learning. <a href="https://cpeip.fsu.edu/mma/documents/ECHO%20Care%20Coordinator%20Training%20Guide%20-%20Using%20Motivational%20Interviewing%20In%20Care%20Coordination.pdf">https://cpeip.fsu.edu/mma/documents/ECHO%20Care%20Coordinator%20Training%20Guide%20-%20Using%20Motivational%20Interviewing%20In%20Care%20Coordination.pdf</a>

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MI & COVID Vaccine Hesitancy	<a href="https://vimeo.com/521413650/2f073d8bf4">https://vimeo.com/521413650/2f073d8bf4</a>	Individual and Supervisor	Video demonstration within context of COVID Vaccine Hesitancy with acknowledgment of structural racism.
Culture of Empathy	<a href="https://www.youtube.com/watch?v=HWvYeX6Heqk">https://www.youtube.com/watch?v=HWvYeX6Heqk</a>	Individual and Supervisor	Interview with Bill Miller and empathetic understanding