

Implementing Harm Reduction Webinar



Trainer: [Terri Hagmann-Garcia](#), BS, CADCC III-CA, SUDCC III-CS

Course Code:

Course Description

The County of San Diego and the SD provider community have adopted a harm reduction philosophy of treatment. Harm reduction is an actualization of Continuous Comprehensive System of Care (CCISC) philosophy and is a set of practical strategies that includes safer use, managed use, abstinence, meeting people who use drugs "where they're at", and addressing conditions of use along with the use itself (National Harm Reduction Coalition). In this webinar, we will discuss harm reduction and the course of treatment, explain the role and purpose of a treatment provider, the positive and challenging consequences correlated with Harm Reduction, discuss differences between harm reduction for youth and adult populations, and the implementation of Harm Reduction in programs in our SUD System of Care.

This webinar will help providers across Behavioral Health Services learn strategies for implementation of harm reduction practices and approaches, that support person-first and trauma-informed treatment philosophies.

See Page 2 for outline.

Date/Time:

November 17, 2021
1:00 pm to 2:00 pm

Audience

Counselors, case managers, therapists, supervisors and other direct service providers working in the SUD System of Care from residential to outpatient providers.

Learning Objectives

Upon completion of this training participants will be able to:

- Explain the concepts and principles of Harm Reduction
- Discuss the impact of harm reduction on everyone in the SUD System of Care from residential to outpatient providers.
- Describe the barriers and benefits of harm reduction in Behavioral Health
- Explain how Motivational Interviewing and Stages of Change can be utilized as a therapeutic style using a harm reduction perspective

[Click Here](#) to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 1 hours of continuing education credit for LMFTs, LCSWs, LPPCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-38 -98-0822, and CAADE Provider # CP40 906 CH 0323 for 1 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).



Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.



Implementing Harm Reduction

Webinar

Terri Hagmann-Garcia, B.S., CADC III-CA, SUDC-CS

Educational Goal: *To gain a deeper understanding of Harm Reduction in Behavioral Health Services.*

Learning objects: *Upon completion of this training, participants will be able to:*

1. *Explain the concepts and principles of Harm Reduction*
2. *Discuss the impact of harm reduction on everyone in the SUD System of Care from residential to outpatient.*
3. *Describe the barriers and benefits of harm reduction in Behavioral Health*
4. *Explain how Motivational Interviewing and Stages of Change can be utilized as a therapeutic style using a harm reduction perspective*

<i>Time</i>	<i>Activity</i>
1:00pm – 1:15 pm	Explain the concepts and principles of Harm Reduction and the impact of harm reduction
1:15 pm – 1:30 pm	Discuss the impact of harm reduction on everyone in the SUD System of Care from residential to outpatient
1:30 pm – 1:45 pm	Describe the barriers and benefits of harm reduction in Behavioral Health
1:45 pm – 2:00 pm	Explain how Motivational Interviewing and Stages of Change can be utilized as a therapeutic style using a harm reduction perspective

*Please note: in order to receive completion and credit/ CE's, you must have your video camera on for the duration of training.