Telehealth and COVID-19 Resources
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**Telehealth Resources**

- **California Telehealth Resource Center** (one-stop shopping for great information on telehealth in California)
  https://www.caltrc.org/knowledge-center/covid-19-telehealth/

- **Center for Credentialing and Education (NBCC/CCE) Board Certified-TeleMental Health Provider credential** (BC-TMH; formerly Distance Credentialed Counselor – DCC)
  https://www.cce-global.org/Credentialing/BCTMH

- **Person-Centered Tech**
  https://personcenteredtech.com/

- **Tame Your Practice**
  https://tameyourpractice.com/

- **Telehealth Certification Institute**
  https://telementalhealthtraining.com/

- **Telebehavioral Health Institute**
  http://telehealth.org/

- **The Online Therapy Institute**
  http://onlinetherapyinstitute.com/

- **Zur Institute**
  www.zurinstitute.com/

- **County of San Diego Behavioral Health Services COVID-19 FAQs—Telehealth and Mitigation for Physical Distancing**
  https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHSCOVID19Information/BHSCOVID19FAQs.html#telehealth

**Sample Telehealth Informed Consents**

- **California Telehealth Resource Center**
  https://www.caltrc.org/knowledge-center/best-practices/sample-forms/

- **Trust Document Library**

For additional informed consent guidelines, please reference the *County of San Diego Behavioral Health Services Organizational Provider Operations Handbook (OPOH)* and *Substance Use Disorder Provider Operations Handbook (SUDPOH)*.
Videoconferencing Options

Although some of these are free, you may want to pay for at least the lowest tier so that you have a Business Associate Agreements (BAA) and better connectivity; priority is given to paid accounts.

- **Clocktree**
  https://www.clocktree.com/

- **Doxy.me**
  https://doxy.me/

- **Google Meet** (need to sign BAA with Google Suite)
  https://meet.google.com/

- **Signal**
  https://signal.org/

- **Spruce Health**
  https://www.sprucehealth.com/

- **VSee**
  https://vsee.com/

- **Zoom** great low-cost options for full versions
  https://zoom.us/

Legal Resources

- **Zur Institute Summary of Changes to Telemental Health Landscape due to COVID-19 Emergency** (Roy Huggins)

- **Center for Connected Health Policy** (National Laws and Policies)
  www.cchpca.org

- **Epstein Becker Green Telemental Health Laws App** available for iPhone, iPad and Android devices via links to the Apple App Store and Google Play
  https://www.ebglaw.com/telemental-health-laws-app/

COVID-19 Specific

- **Centers for Medicare & Medicaid Services Medicare Telemedicine Health Care Provider Fact Sheet**

- **COVID-19 Plan for Therapists: Questions, Answers, and Guidelines**

- **Psychotherapy.net Coping with Covid-19** guide for therapists, clients, and others
  https://wwwpsychotherapy.net/coronavirus-resources
**Telehealth Webinars**

- **Online Therapy Institute Covid 19 Telehealth** course by Kate Anthony, BSc, MSc, DPsych, FBACP (including an overview of Zoom, VSee, and Doxy)
  https://www.kateanthony.net/shortcoursementalhealth/

- **PESI – Telehealth Certification for Mental Health Professionals** with Joni Gilbertson
  12-hour training on telehealth services
  https://catalog.pesi.com/item/52191/?utm_source=featuredad&utm_medium=banner&utm_campaign=BH_telehealth_POS055645&fbclid=IwAR1kEXTqGy1vcYYhgH_NX7hJugQlYKX9EyUBNksclntj1c9PbXYUz-RhcY

- **SimplePractice Learning: Legal and Ethical Issues of Telehealth** on-demand
  https://ter.li/ydxf7i

- **The Abundant Practice Podcast**
  https://abundancepracticebuilding.com/category/podcast/

- **Tele-PLAY Therapy Resources and Support facebook group**
  https://www.facebook.com/groups/2377497079019547

- **Transitioning to Online Therapy Really Fast -- Due to Coronavirus** Roy Huggins, LPC, NCC, via facebook Live
  https://www.facebook.com/personcenteredtech/videos/3451523878196102/UzpfSTU3NzAxNjEwNjoxMDE1NzUzMTMwNTYyMTEwNw/

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