

Telehealth Resources

[California Telehealth Resource Center](https://www.caltrc.org/knowledge-center/covid-19-telehealth/) (one-stop shopping for great information on telehealth in California)

<https://www.caltrc.org/knowledge-center/covid-19-telehealth/>

[Center for Credentialing and Education \(NBCC/CCE\) Board Certified-TeleMental Health Provider credential](https://www.cce-global.org/Credentialing/BCTMH) (BC-TMH; formerly Distance Credentialed

Counselor – DCC)

<https://www.cce-global.org/Credentialing/BCTMH>

[Person-Centered Tech](https://personcenteredtech.com/)

<https://personcenteredtech.com/>

[Tame Your Practice](https://tameyourpractice.com/)

<https://tameyourpractice.com/>

[Telehealth Certification Institute](https://telementalhealthtraining.com/)

<https://telementalhealthtraining.com/>

[Telebehavioral Health Institute](http://telehealth.org/)

<http://telehealth.org/>

[The Online Therapy Institute](http://onlinetherapyinstitute.com/)

<http://onlinetherapyinstitute.com/>

[Zur Institute](http://www.zurinstitute.com/)

www.zurinstitute.com/

[County of San Diego Behavioral Health Services COVID-19 FAQs—Telehealth and Mitigation for Physical Distancing](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHSCOV19Information/BHSCOV19FAQs.html#telehealth)

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHSCOV19Information/BHSCOV19FAQs.html#telehealth>

Sample Telehealth Informed Consents

[California Telehealth Resource Center](https://www.caltrc.org/knowledge-center/best-practices/sample-forms/)

<https://www.caltrc.org/knowledge-center/best-practices/sample-forms/>

[Trust Document Library](https://parma.trustinsurance.com/Resource-Center/Document-Library)

<https://parma.trustinsurance.com/Resource-Center/Document-Library>

For additional informed consent guidelines, please reference the *County of San Diego Behavioral Health Services Organizational Provider Operations Handbook (OPOH)* and *Substance Use Disorder Provider Operations Handbook (SUDPOH)*

Videoconferencing Options

Although some of these are free, you may want to pay for at least the lowest tier so that you have a Business Associate Agreements (BAA) and better connectivity; priority is given to paid accounts.

[Clocktree](https://www.cloktree.com/)

<https://www.cloktree.com/>

[Doxy.me](https://doxy.me/)

<https://doxy.me/>

[Google Meet](https://meet.google.com/) (need to sign BAA with Google Suite)

<https://meet.google.com/>

[Signal](https://signal.org/)

<https://signal.org/>

[Spruce Health](https://www.sprucehealth.com/)

<https://www.sprucehealth.com/>

[VSee](https://vsee.com/)

<https://vsee.com/>

[Zoom](https://zoom.us/) great low-cost options for full versions

<https://zoom.us/>

Legal Resources

[Zur Institute Summary of Changes to Telemental Health Landscape due to COVID-19 Emergency](https://www.zurinstitute.com/summary-of-changes-to-the-telemental-health-landscape-due-to-the-covid-19-emergency/) (Roy Huggins)

<https://www.zurinstitute.com/summary-of-changes-to-the-telemental-health-landscape-due-to-the-covid-19-emergency/>

[Center for Connected Health Policy](http://www.cchpca.org) (National Laws and Policies)

www.cchpca.org

[Epstein Becker Green Telemental Health Laws App](https://www.ebglaw.com/telemental-health-laws-app/) available for iPhone, iPad and Android devices via links to the Apple App Store and Google Play

<https://www.ebglaw.com/telemental-health-laws-app/>

COVID-19 Specific

[Centers for Medicare & Medicaid Services Medicare Telemedicine Health Care Provider Fact Sheet](https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet)

<https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet>

[COVID-19 Plan for Therapists: Questions, Answers, and Guidelines](https://www.zynnyme.com/blog/2020/3/12/covid-19-plan-for-therapists-questions-answers-and-guidelines)

<https://www.zynnyme.com/blog/2020/3/12/covid-19-plan-for-therapists-questions-answers-and-guidelines>

[Psychotherapy.net Coping with Covid-19](https://www.psychotherapy.net/coronavirus-resources) guide for therapists, clients, and others

<https://www.psychotherapy.net/coronavirus-resources>

Telehealth Webinars

[Online Therapy Institute Covid 19 Telehealth](https://www.kateanthony.net/shortcoursementalhealth/) course by Kate Anthony, BSc, MSc, DPsych, FBACP (including an overview of Zoom, VSee, and Doxy)
<https://www.kateanthony.net/shortcoursementalhealth/>

[PESI – Telehealth Certification for Mental Health Professionals](https://catalog.pesi.com/item/52191/?utm_source=featuredad&utm_medium=banner&utm_campaign=BH_telehealth_POS055645&fbclid=IwAR1kEXTqGy1vcYYhgH_NX7hJugQlvYKX9EyUBNksclntj1c9PbXYUz-RhcY) with Joni Gilbertson
12-hour training on telehealth services
https://catalog.pesi.com/item/52191/?utm_source=featuredad&utm_medium=banner&utm_campaign=BH_telehealth_POS055645&fbclid=IwAR1kEXTqGy1vcYYhgH_NX7hJugQlvYKX9EyUBNksclntj1c9PbXYUz-RhcY

[SimplePractice Learning: Legal and Ethical Issues of Telehealth](https://ter.li/ydx7i) on-demand
<https://ter.li/ydx7i>

[Strategies to Advance Behavioral Health Outcomes Using Telehealth](https://www.youtube.com/watch?v=bxaDZ8pR_qA&feature=youtu.be) recorded virtual training by Steven R. Thorp, Ph.D., ABPP, February 1, 2021.
https://www.youtube.com/watch?v=bxaDZ8pR_qA&feature=youtu.be

[The Abundant Practice Podcast](https://abundancepracticebuilding.com/category/podcast/)
<https://abundancepracticebuilding.com/category/podcast/>

[Tele-PLAY Therapy Resources and Support facebook group](https://www.facebook.com/groups/2377497079019547)
<https://www.facebook.com/groups/2377497079019547>

[Transitioning to Online Therapy Really Fast -- Due to Coronavirus](https://www.facebook.com/personcenteredtech/videos/3451523878196102/UzpfSTU3NzAxNjEwNjoxMDE1NzUzMTMwNTYyMTEwNw/) Roy Huggins, LPC, NCC, via facebook Live
<https://www.facebook.com/personcenteredtech/videos/3451523878196102/UzpfSTU3NzAxNjEwNjoxMDE1NzUzMTMwNTYyMTEwNw/>



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Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of the SDSU School of Social Work.