Why focus on strengths? The research is clear that the use and development of strengths in the workplace increases work performance, retention, and well-being for staff at all levels. Join us for this interactive, foundational training on strengths-based development and supervision. Identify and explore your strengths and how to apply a strengths-based supervisory approach with your staff. Tips, tools and best practices will be shared for use on the job and in supervision.

Upon completion of this training, the participant will be able to:

1. Identify your top strengths/talents using one of the four research-based assessments discussed in this course.
2. Discuss the benefits and limitations of strengths-based approach.
3. Describe each of your top strengths/talents as discussed in your assessment report and discuss how you have leaned on them in your role and career.
4. Discuss how you might approach supervising staff in APS case studies using the strengths-based approach and your top strengths/talents.

A pre-work assignment will be sent one-week prior to the training date. Please allow approximately 15 minutes to complete. This must be completed prior to attending the training.