Intermediate Motivational Interviewing Skills
Virtual Training

RIHS Responsive Integrated Health Solutions

Trainer: Igor Koutsenok, MD, Professor of Psychiatry, UCSD, Member of MINT

Course Code: BH0005

Course Description

This virtual training offers an opportunity for learners to advance their understanding and practice of Motivational Interviewing (MI). In this interactive, virtual, skills-based training, participants will apply what they already know about MI as well as implement advanced skills to increase their understanding and practical skills in the four processes of MI with an emphasis on complex reflections. This course is for individuals who have already completed the 11-hour Introduction to Motivational Interviewing Training (BH0003). If you completed this course with an agency other than RIHS, please email our help desk with your completion certificate.

Click here to view the course outline.

Audience

All SUD counselors, case managers, LPHAs, and other direct service providers who have completed an Introductory MI course and work within the behavioral health system of care.

Location

Live Virtual Training:
This training will be conducted via Zoom.

Date November 12, 2020

Time 9:30 am to 12:00 pm & 1:00 pm to 3:30 pm

Learning Objectives

Upon completion of this training participants will be able to:

- Describe Motivational Interviewing (MI) as a communication style rather than a set of techniques
- Identify strategic directional MI skills when responding to languages including: Discord, Ambivalence, Sustain Talk, and Change Talk
- Apply the four fundamental processes of MI in practical settings
- Apply the basic four skills differentially in each of the four processes of MI to support an individual's goal to change
- Demonstrate clear understanding of directionality of MI by distinguishing change talk from sustain talk
- Demonstrate at least two skills to address sustain talk and discord
- Elicit and build momentum toward commitment language that favors positive health and/or behavior change

Click Here to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 5 hours of continuing education credit for LMFTs, LCSWs, LPPCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-38-98-0822, and CAADE Provider # CP40 906 CH 0323 for 5 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.