

Confronting Stress Management through Organizational Culture

Description

This workshop focuses on stress in APS. Stressors on APS staff and agencies will be examined in detail with a focus on how these stressors affect quality of services. The theoretical framework of Psychological Capital and its constructs of Hope, Self-Efficacy, Optimism, and Resiliency will be used as the foundation for building an organizational culture that provides the necessary "Renewal" to successfully mitigate the negative effects of stress. This session will emphasize that stress management must be a top priority of administrators, managers and supervisors to help all of us have long and healthy professional careers in APS. A booster session will be used to discuss very practical ways that leaders can champion culture change for success in confronting

Dates and Location

PART 1 - WORKSHOP

DATE: August 19, 2020
TIME: 9:00AM-11:00AM
LOCATION: ZOOM

Part 2 – BOOSTER

DATE: September 2, 2020
TIME: 10:00AM-11:00AM
LOCATION: ZOOM

Intended Audience

This APS Leaders Institute workshop is intended for APS Program Managers and Adult Services Administrators.

Learning Objectives

- Describe the four constructs of psychological capital.
- Identify at least three individual and organizational risk factors that allow for negative stress.
- Develop a plan to implement one new action to mitigate the risks of stress at a personal and organizational level.

Presenters

Christopher Dubble, MSW, is currently the Director of Training and the Director of the Institute on Protective Services at Temple University Harrisburg in Pennsylvania. The institute on Protective Services provides training and consultation for Pennsylvania's adult and older adult protective services system and other investigative agencies. He has worked in the area of protective services for the last 18 years. In his over 25-year career in social work, he has held both direct practice and management positions in healthcare.

Agenda

WORKSHOP Agenda, August 19, 2020

9:00-9:10am – Welcome, Housekeeping, Introductions

9:10-10:45am – Presentation/Facilitated Discussion

10:45-11:00am – Closing, Feedback, Evaluations

BOOSTER Agenda, September 2, 2020

10:00-11:00am – Welcome, Housekeeping, Introductions

10:00-10:50am – Check-in/Facilitated Discussion

10:50-11:00am – Closing, Feedback, Evaluations