



BHS PROVIDER UPDATES

2020-1

Pathways to Well-Being Monthly Update Bulletin: January 2020

Pathways to Well-Being (PWB) is delivering monthly bulletins designed to answer program questions and provide the latest information related to PWB.

Q & A from Providers:

- 1. Question:** What is the role of the clinician in Child and Family Team (CFT) meetings?
Answer: As a required member of the Child and Family Team, the clinician plays a vital role in CFT meetings by representing the youth's mental health needs, discussing treatment interventions/progress and making additional service recommendations when needed. BHS Providers are also expected to pre-plan with the client regarding the purpose of the CFT meeting including youth/family goals, discussion about treatment/progress, preparation for any potentially difficult conversations/topics, and identifying coping skills to use when needed.
- 2. Question:** Under what circumstances does Child Welfare Services facilitate CFT meetings rather than utilize the Fred Finch Child and Family Team Meeting Facilitation Program?
Answer: The Fred Finch CFT Meeting Facilitation Program serves all youth in need of a CFT meeting involved with a BHS provider and all youth placed out-of-home and involved with CWS and/or Probation. CWS facilitates CFT meetings for youth that are residing at home. BHS Providers will be invited to CWS initiated CFT meetings when youth are open to a BHS program or prior to a youth being open to a BHS program when there is an identified mental health need and a specific BHS program has been recommended.
- 3. Question:** For youth involved with Probation, does Probation facilitate their own CFT meetings?
Answer: No, Probation no longer facilitates CFT meetings for youth involved with Probation and refers to the Fred Finch CFT Meeting Facilitation Program for any youth in need of a CFT meeting.
- 4. Question:** Can a meeting be considered a CFT meeting if the youth is not present?
Answer: The client must be present for the meeting to be considered a CFT meeting. Every consideration should be given to having the youth present for at least part of the CFT meeting such as when reviewing the youth strengths. The exception is in the rare circumstance in which the Child and Family Team decided beforehand that it would be detrimental to the client's wellbeing to participate in any portion of the meeting or developmentally inappropriate. In that circumstance, the youth's voice should be incorporated and represented by a team member and the reason the client was not present should be clearly documented.

What Is New?

- BHS in collaboration with RIHS, is developing web-based training that will include pertinent information about CFT team member roles and responsibilities as well as CFT meeting timelines for BHS, CWS and Probation. Also in development are PWB microlearning's focused upon PWB documentation and PWB CCBH entry.
- A big thank you to the programs that participated in focus groups for the annual External Quality Review.

If you have any PWB related questions, please contact your BHS PWB Liaison or the BHS PWB Program Manager at Amanda.Kaufman@sdcounty.ca.gov

January 30, 2020