Introduction to Motivational Interviewing

RIHS Responsive Integrated Health Solutions

Presented by Rosemarie Campos Sachs, LMFT

Course Code: BH0003

Overview

This course is a two-part series designed for participants interested in learning more about Motivational Interviewing (MI) and enhancing skills in the MI method within substance use disorder programs. This course is designed to provide an overall conceptual understanding of MI, as well as an increased knowledge of the core skills that assist others in making positive changes. The course format is interactive, includes modalities to meet various learning styles, and offers practice opportunities. Participants will gain confidence in applying MI in their work, and ultimately in motivating individuals toward their goals more effectively. Learners will learn techniques to apply MI in various ASAM levels of care, and all case examples will be oriented to substance use. Click here to see the training outline. **Prerequisite to be completed prior to registration: Stages of Change eLearning, BHE027.**

Audience

All SUD counselors, case managers, therapists, and other direct service providers working within the behavioral health system of care .

Academy for Professional Excellence
6367 Alvarado Court, Suite 103
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Learning Objectives

- Describe the foundations of Motivational Interviewing.
- Identify the stages of change as they relate to substance use and apply MI when appropriate.
- Use the four elements of the MI spirit to maintain a collaborative working relationship with individuals engaged in substance use.
- Use the four core skills of MI to focus you understanding of the needs of the person you are working with.
- Identify the four processes of MI and utilize as the conversation road map.
- Distinguish between and respond to sustain talk and discord.
- Identify opportunities to use the skill: Elicit-Provide-Elicit to share information.

Training	Date	Time
Overview	Wednesday, April 15, 2020	8:30 AM - 4:30 PM
Skills Training A	Wednesday, April 29, 2020	8:30 AM - 12:30 PM
	or	
Skills Training B	Wednesday, April 29, 2020	1:00 PM - 5:00 PM

Participants will receive 11 CEs upon completion of ALL training activities. No partial CEs will be given. Please arrange accordingly with your supervisors before enrolling in the series.

Click Here to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 11 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP40-906-CH0323 for 11 contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.