

# Trauma-Informed Homeless Shelters and Services

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## Learning Objectives

- *Examine the federal definitions of trauma and homelessness*
- *Discuss the prevalence rates of homelessness by gender and ethnicity*
- *Define trauma's role in homelessness and vice versa*
- *Examine homeless as a trauma symptom*
- *Explain the importance of safe and effective rules in providing housing*
- *Practice re-writing housing rules to better support trauma-exposed people experiencing homelessness*

## Time

## Activity

8:30 am – 9:00 am	Sign-in
9:00 am – 9:15 am	Welcome and introductions
9:15 am – 10:30 am	Defining trauma and homelessness
10:00 am – 10:30 am	Prevalence rates by gender and ethnicity
10:30 am- 10:45 am	Break
10:45 am- 12:00 pm	Homelessness, trauma, and trauma-informed practices
12:00 pm – 1:00 pm	Lunch
1:00 pm- 1:45 pm	Continuation of homelessness and trauma-informed practices and treatment
1:45 pm – 2:00 pm	Break
2:00 pm – 3:30 pm	Housing rules: Making them safe and effective
3:30 pm – 3:45 pm	Q & A
3:45 pm – 4:00 pm	Evaluations and sign-out