# Trauma-Informed Homeless Shelters and Services



Course Code: BH0262

Trainer: Gabriella Grant, Director

California Center of Excellence for Trauma Informed Care

February 12, 2020 9:00 am to 4:00 pm

Marina Village Conference Center 1936 Quivira Way; Terrance Room San Diego, CA 92109

## Course Description

This full-day training will focus on homelessness and housing from a trauma-informed lens. Participants will review current research on the impact of trauma on our physiological, psychological, behavioral, and interpersonal functioning and will then apply this traumainformed framework to the services they are providing to people experiencing homelessness. Examples from housing agencies involved in housing people experiencing chronic homelessness, HIV and domestic violence will all be reviewed. Real case studies applying the trauma-informed framework will be used in individual and group activities. \*This training is part of a series, however, participants who did not attend the prior trainings (Trauma-Informed Foundations & Trauma, Substance Use, and Mental Health) will be able to fully participate.

Click here to see the training outline

### Audience

All BHS family and support partners, case managers, therapists, counselors, and other direct service providers working within the behavioral health system of care.

## Learning Objectives

Upon completion of this training, participants will be able to:

- Examine the federal definitions of trauma and homelessness
- Discuss the prevalence rates of homelessness by gender and ethnicity
- Define trauma's role in homelessness and vice versa
- Examine homelessness as a trauma symptom
- Explain the importance of safe and effective rules in providing housing
- Practice re-writing housing rules to better support trauma-exposed people experiencing homelessness



#### Click Here to log into the LMS and Register



**Registration:** If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by <u>clicking here</u>. Email <u>RIHS@sdsu.edu</u> if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP10-906-CH0320 for 6 contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.





