

Title IV-E Prevention Services Clearinghouse

**Rated as of
10.1.2019**

The Family First Prevention Services Act (FFPSA) allows states to draw down federal child welfare funding to provide prevention services to families within set parameters.¹ To receive federal funding, programs and services must be rated as well-supported, supported, or promising by the Title IV-E Prevention Services Clearinghouse (PSC).² Below is a snapshot of the programs that have already been rated by the PSC and are currently present in Los Angeles County.

Programs by Category³

3 Parenting 4 Mental Health 2 Substance Abuse

PSC Ratings⁴

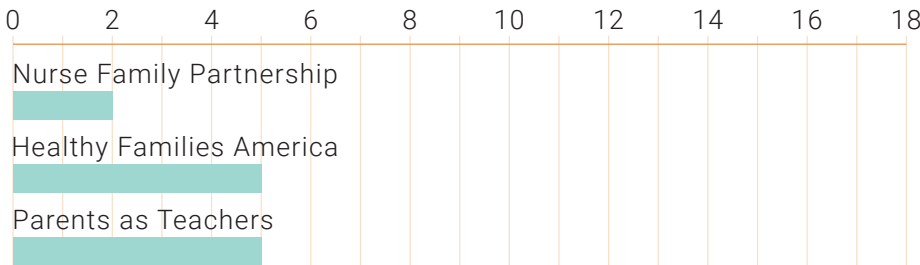
6 Well-Supported 0 Supported 2 Promising

	Program/Service Name	PSC Rating	Target Population
Parenting	Nurse Family Partnership	Well-Supported	First time, low-income mothers. Must start before end of second trimester. Services continue through the child’s second birthday.
	Healthy Families America	Well-Supported	Families who are at risk for child abuse and neglect and other Adverse Childhood Experiences. When referred from child welfare, families may be enrolled with a child up to 24 months old.
	Parents as Teachers	Well-Supported	Families with an expectant parent or parents of children up to kindergarten entry (usually 5 years).
Mental Health	Parent-Child Interaction Therapy	Well-Supported	Children 2 to 7 years old with behavior and parent-child relationship problems.
	Trauma-Focused Cognitive Behavioral Therapy	Promising	Child/youth 3 to 18 years old with a known trauma history.
	Functional Family Therapy	Well-Supported	Youth 11 to 18 years old who have been referred for behavioral or emotional problems by juvenile justice, mental health, school, or child welfare systems.
Substance Abuse	Multisystemic Therapy	Well-Supported	Youth 12 to 17 years old with possible substance abuse issues who are at risk of out-of-home placement and/or youth involved with the juvenile justice system.
	Methadone Maintenance Therapy	Promising	Medication-assisted treatment for adults with at least one-year history of dependence on a narcotic. May be provided to individuals under 18 years old in limited exceptions. ⁵

Parenting

None of the programs rated by the PSC thus far target parents with children older than 5 years old.

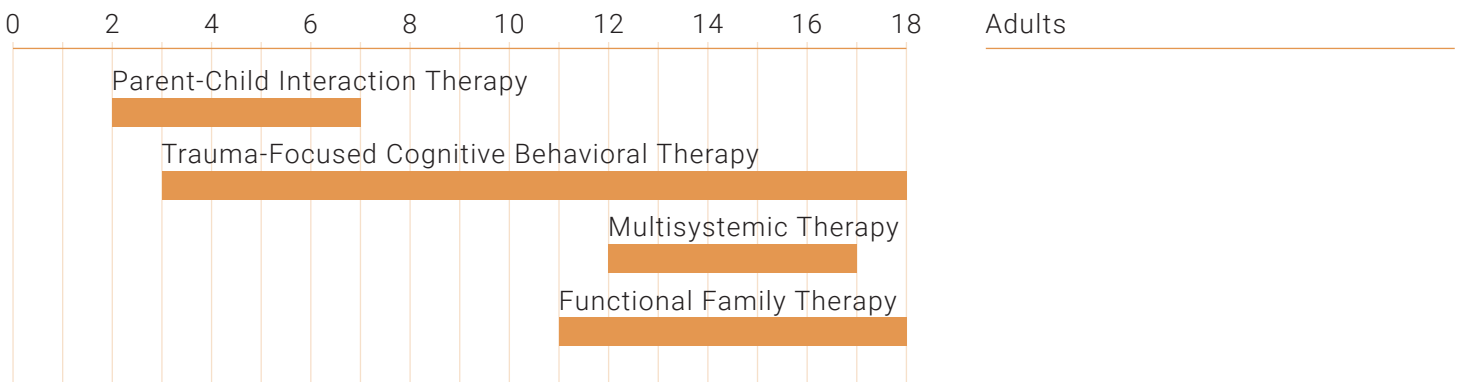
Parents/caregivers of children within this age range



Mental Health

Each of the programs rated is focused on addressing a child or youth's mental health needs. While the rated programs often work with both parents and children, the lack of services addressing parents' mental health needs represents a major gap.

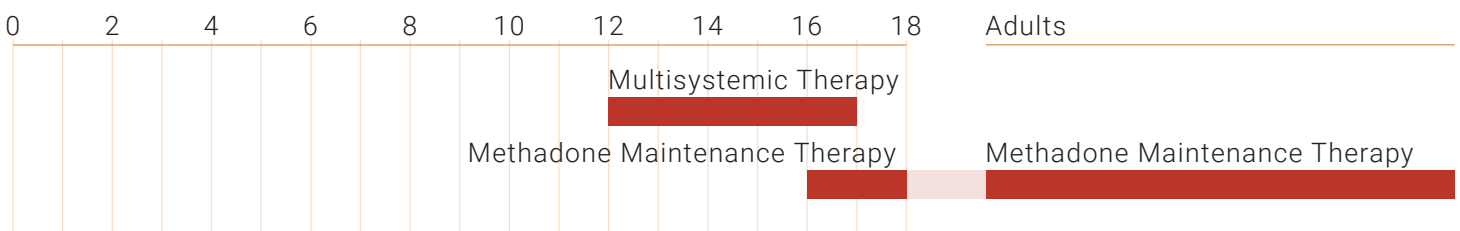
Program category by age range of target population



Substance Abuse

The only substance abuse service targeting the needs of adults is a medication-assisted treatment that must be provided with other services rather than as a standalone service.

Program category by age range of target population



¹ States can use Title IV-E prevention funding to provide in-home parenting skills training and mental health and substance abuse prevention and treatment services to prevent children from entering foster care ("candidates for foster care"). Prevention services can also be provided to youth in foster care who are pregnant and parenting with no "candidacy" requirement.

² FFPSA requires that 50 percent of prevention funding be spent on programs rated well-supported by the PSC. Legislation is pending to delay this well-supported requirement. Additionally, the Administration for Children and Families has issued guidance allowing states to request approval for transitional payments for programs not yet rated by the PSC.

³ The PSC has rated eight programs that are confirmed to be present in Los Angeles County. One program, Multisystemic Therapy, is rated in both the mental health and substance abuse categories so the number of programs by category exceeds the number of PSC ratings. The PSC has also rated two additional programs that are not captured in this snapshot because they do not have a confirmed presence in Los Angeles County: Multisystemic Therapy for Child Abuse and Neglect (rated as does not currently meet criteria) and Families Facing the Future (rated as supported).

⁴ While the California Evidence-Based Clearinghouse for Child Welfare (CEBC) has similar criteria for rating programs as the PSC, of the eight programs with a Los Angeles County presence, the PSC has given two programs a higher rating than CEBC (Parents as Teachers, Functional Family Therapy), one program a lower rating (Trauma-Focused Cognitive Behavioral Therapy), and rated one program not reviewed by CEBC (Methadone Maintenance Therapy).

⁵ Individuals under 18 may be eligible to receive Methadone Maintenance Therapy if they have already had two unsuccessful treatment attempts and they have parent/guardian consent. <https://preventionservices.abtsites.com/programs/122/show>

Title IV-E Prevention Services Clearinghouse

Under review as of 10.1.19

Below is a snapshot of programs that are currently under review by the Prevention Services Clearinghouse (PSC) and have a confirmed presence in Los Angeles County.¹ Because the California Evidence-Based Clearinghouse for Child Welfare (CEBC) uses similar criteria to rate programs as the PSC, the CEBC rating is provided pending the PSC completing its review. Where multiple versions of a program have been rated by CEBC, they are listed separately.

Programs by Category

3 Parenting 6 Mental Health 4 Substance Abuse

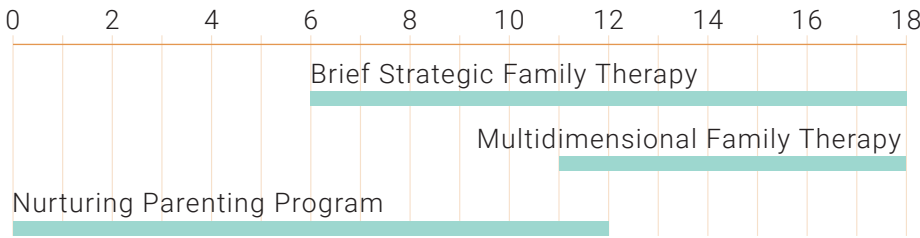
CEBC Ratings²

5 Well-Supported 5 Supported 3 Promising
1 Not able to be rated

	Program/Service Name	CEBC Rating	Target Population
Parenting	Nurturing Parenting Program ³ and Their Infants, Toddlers, and Preschoolers	Not able to be rated by CEBC	Families of children birth to 5 years old reported to the child welfare system for child maltreatment.
	Nurturing Parenting Program and Their School-Aged Children 5-12	Promising	Families of children 5 to 12 years old reported to the child welfare system for child maltreatment.
	Brief Strategic Family Therapy	Supported	Children and adolescents who are displaying or are at risk for behavior problems, including substance abuse.
	Multidimensional Family Therapy	Well-Supported	Adolescents with substance use, delinquency, and other behavioral and emotional problems.
Mental Health	Child-Parent Psychotherapy	Supported	Children birth to 5 years old, who have experienced a trauma, and their caregivers.
	Incredible Years	Well-Supported	Parents, teachers, and children. Designed to prevent and treat children’s behavioral problems and strengthen their emotional and social competence. ⁴
	Interpersonal Psychotherapy	Well-Supported	Adults with depression.
	Interpersonal Psychotherapy for Depressed Adolescents	Promising	Adolescents 12 to 18 years old suffering from nonpsychotic depression.
	Interpersonal Psychotherapy - Adolescent Skills Training	Supported	Group adaptation for adolescents, 12 to 16 years old, with elevated depression symptoms.
	System Triple P	Supported	Parents of children birth to 16 years old.
Substance Abuse	Triple P - Level 4 program	Well-Supported	Parents of children birth to 12 years old with moderate to severe behavioral and/or emotional difficulties or parents motivated to better understand positive parenting.
	Motivational Interviewing	Well-Supported	Caregivers of children referred to the child welfare system. Has also been used with adolescents.
	Seeking Safety (adolescent)	Promising	Adolescents with a history of trauma or substance abuse.
	Seeking Safety (adult)	Supported	Adults who have a history of trauma or substance abuse.

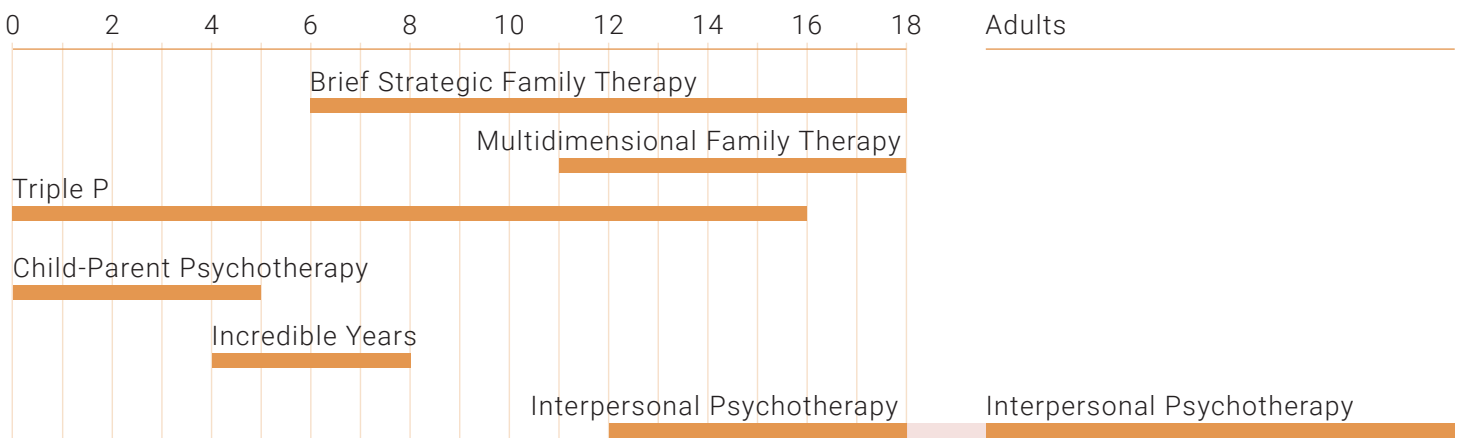
Parenting

Parents/caregivers of children within this age range



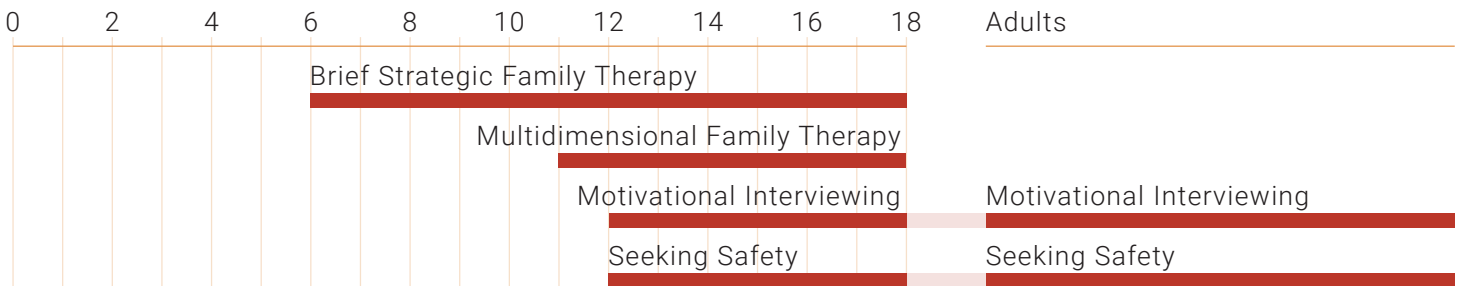
Mental Health

Program category by age range of target population



Substance Abuse

Program category by age range of target population



¹ The PSC is also reviewing the following parenting, mental health, and substance abuse programs: Attachment and Biobehavioral Catch-Up, Family Behavior Therapy, Homebuilders, SafeCare, Solution Based Casework, and The Seven Challenges. They are not included in this snapshot as they do not appear to be implemented in Los Angeles County currently.

² The number of CEBC ratings exceeds the total number of programs since different versions of the same program may have received different ratings by CEBC. Each version rated is separately listed in the table on page 1.

³ CEBC lists two versions of Nurturing Parenting Program (NPP) on its site. The PSC has not said which version it is rating. Moreover, there are more than 19 versions of NPP available. In Los Angeles County, many providers are using a version that targets parents of children/youth 5 to 19 years old.

⁴ The CEBC lists the Incredible Years' (IY) target population as parents, caregivers, or teachers of children 4 to 8 years old, but the IY website notes programs for parents of children birth to 12 years old.