Trauma, Substance Use, and Mental Health

Trainer: Gabriella Grant, Director
California Center of Excellence for Trauma Informed Care

Course Code: BH0258
December 11, 2019
9:00 am to 4:00 pm
Marina Village Conference Center
1936 Quivira Way; Terrace Room
San Diego, CA 92109

Course Description

This full-day training will focus on improving the co-occurring treatment of substance use, and mental health with trauma. Using the standards of trauma-informed practices endorsed by the Substance Abuse and Mental Health Services Administration (SAMHSA) in Tip 57, and the Trauma and Guidance for a Trauma-Informed Approach document, participants will develop a set of skills to improve treatment of people receiving services who live with co-occurring mental health and substance use challenges. Evidence-based practices will be identified and foundational skills will be practiced through individual and group activities. *This training is part of a series, however, participants who did not attend the prior training (Trauma-Informed Foundations) will be able to fully participate.

Click here to see the training outline

Audience

All BHS peer support specialists, case managers, therapists, counselors, and other direct service providers working within the behavioral health system of care.

Learning Objectives

Upon completion of this training, participants will be able to:

- Explain the three components of individual trauma according to SAMHSA
- Identify specific evidence-based practices for the treatment of trauma
- Practice key skills through role plays with observation and feedback
- Define empathy from a trauma-informed perspective
- Define accountability from a trauma-informed perspective
- Practice the It Makes Sense technique

Click Here to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RiHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-El, Provider # 1S-98-398-0820, and CAADPE Provider # CP10-906-CH0320 for 6 contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.