

Geriatric Care Training (GCT) Booster: Trauma-Informed Practices for Older Adults

[Kimberly Beckstead, LCSW, ADCII](#)

Learning Objectives

- Identify trauma care principles with marginalized older adult populations
- Recognize potential internal (clinician and external (society biases around aging
- Identify key cultural impacts on older adult experience of trauma
- Identify potential barriers to accessing behavioral health services for older adults who have experienced trauma
- Define the Changes in Life Stages for older adults

<i>Time</i>	<i>Activity</i>
8:30 am – 9:30 am	Introduction/Objectives
9:30 am – 10:45 am	A look at the Older Adult Community
10:45 am – 11:00 am	Break
11:00 am- 12:00 pm	Changing Life Stages
12:00 pm- 1:00 pm	Lunch
1:00 pm – 1:45 pm	Group Activities
1:45 pm- 2:15 pm	A look at specific trauma experience for older adults
2:15 pm – 2:30 pm	Break
2:30 pm – 3:30 pm	A further look at trauma
3:30 pm – 4:00 pm	Putting it into Practice
4:00 pm – 4:15 pm	Wrap-Up: Questions, Comments
4:15 pm – 4:30 pm	Post Test, and Evaluations