

Cultural Competency Academy Day 1: Culture and Behavioral Health Services

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Learning Objectives

1. Identify institutional bias in our institutions
2. Navigate personal bias
3. Discuss the effect of guilt, privilege and shame in service provision
4. Define cultural competence practices for the delivery of Behavioral Health Services

Time

Activity

9:00am – 10:15am	Introduction for the day/Setting the Table Cultural responsiveness in BHS Settings
10:15am – 10:30am	Break
10:30am- 12:00pm	Cultural responsiveness in BHS Settings (Continued) Identifying and Managing Your Biases
12:00pm- 1:00pm	Lunch
1:00pm – 2:00pm	Assumptions That Are Rooted in Bias Institutional Bias
2:00pm- 2:15pm	Break
2:15pm – 4:00pm	Implementation: What does cultural competency look like in practice? How Guilt, Privilege, and Shame Affect Service Provision in BHS Wrap – Up: Evaluation, Questions, Comments.