Cultural Competency Academy Day 1: What Does This Have to Do with Me?
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Learning Objectives

• Recognize the benefit of self-assessment
• Discuss the importance of person-first and recovery language

• Describe the role of person-first and recovery language in the delivery of Behavioral Health Services
• Define Bias
• Define cultural competency, humility and responsiveness

Time

Activity

9:00am – 10:15am
Introduction for the day/Setting the Table
Self-Assessment

10:15am – 10:30am
Break

10:30am- 12:00pm
Self-Assessment (Continued)
Basics of Culture

12:00pm- 1:00pm
Lunch

1:00pm – 2:00pm
Intersectionality

2:00pm - 2:15pm
Break

2:15pm – 4:00pm
Bias