



**SCHOOL SAFETY**

ENVISIONING SAFER SCHOOLS

**Early Childhood Mental Health**  
**Stories from the Field**

**Moderators:**  
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**Aimee Zeitz, LMFT**


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**PANELIST INTRODUCTIONS**

- Alethea
- Kim
- Lily
- Autumn
- Pam
- Lisa
- Ginger(?)

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**WHAT IS EARLY CHILDHOOD MENTAL HEALTH?**

The developing capacity of infants, toddlers and young children to experience, manage, and express emotion; form close, secure relationships; and actively explore the environment and learn.



- Adapted from *ZERO TO THREE*  
 ([www.zerotothree.com](http://www.zerotothree.com))

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## EARLY CHILDHOOD MENTAL HEALTH- AN OVERVIEW



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## PANELIST INSIGHTS AND REFLECTIONS



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## PARTICIPANT TAKEAWAYS

- Participants will:
  - Deepen their understanding of Early Childhood Mental Health needs and resources
  - Learn about a variety of approaches to meeting Early Childhood Mental Health needs
  - Reflect on opportunities to adjust/ implement best practice strategies into their work

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THANK YOU!

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