Early Childhood Mental Health
Stories from the Field

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SCHOOL SAFETY

PANELIST INTRODUCTIONS

- Alethea
- Kim
- Lily
- Autumn
- Pam
- Lisa
- Ginger (?)

WHAT IS EARLY CHILDHOOD MENTAL HEALTH?

The developing capacity of infants, toddlers and young children to experience, manage, and express emotion; form close, secure relationships; and actively explore the environment and learn.

- Adapted from ZERO TO THREE
  (www.zerotothree.com)
EARLY CHILDHOOD MENTAL HEALTH- AN OVERVIEW

- Participants will:
  - Deepen their understanding of Early Childhood Mental Health needs and resources
  - Learn about a variety of approaches to meeting Early Childhood Mental Health needs
  - Reflect on opportunities to adjust/implement best practice strategies into their work

PANELIST INSIGHTS AND REFLECTIONS

PARTICIPANT TAKEAWAYS