

Intersectionality of Identities

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Learning Objectives

- Explain the principles and foundation of Intersectionality
- Identify elements and effects of Intersectionality
- Build an understanding of cultural humility and compassion for a range of identities
- Understand how your own identities and experiences impact your life and work
- Apply an Intersectional Lens (IL) in techniques in treatment
- Integrate IL techniques with current practice

Time

Activity

9:00 am – 9:30 am

Sign-in

9:30am – 10:00am

Introductions/Objectives

10:00am – 10:15am

Visible/Invisible Activity

What is Intersectionality?

Origins: Social/Historical roots.

10:15am – 10:30am

Break

10:30am- 12:00pm

Identities – Points of Intersection

Race, Class, Gender, Sexual Orientation

Clips & Pops (Media collage & Discussion)

12:00pm- 1:00pm

Lunch

1:00pm – 2:00pm

Clinical Applications

Wearing an Intersectional Lens

2:00pm- 2:15pm

Break

2:15pm – 3:00pm

Group Practice & Sound off (Shared Learnings)

Closing: Meditation/Contemplation/Affirmation