

Relapse Prevention

Presented by: [Terri Hagmann, CATC II, CSC](#)

Course Code: BH0208

June 20, 2019

8:30 am to 4:30 pm

Course Description

Relapse Prevention is a cognitive-behavioral approach to relapse intended to identify and prevent high-risk situations including substance misuse. This course will provide an overview of Relapse Prevention including: defining relapse in the context of recovery, discussing the fundamental concepts of relapse prevention, and allowing participants to create a person-centered relapse prevention plan from evidence-based practices.

Click here to see the [training outline](#).

Audience

All behavioral health and substance-use therapists, counselors, family & support partners, case managers, and other direct service providers working within the behavioral health system of care.

Learning Objectives

Upon completion of this training participants will be able to:

- Define substance use disorders (SUD) relapse.
- Define relapse prevention.
- Choose appropriate evidence-informed practices for treatment.
- Develop a relapse prevention plan.
- Utilize Relapse Prevention techniques with a variety of populations and cultural identities.
- Identify practices and techniques for individuals transitioning out of an inpatient or outpatient program.

[Click Here](#) to log into the LMS and Register

Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP10-906-CH0320 for 7 contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).