

# Motivational Interviewing: Advanced Skills Training

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Course Code: BH0240

June 4, 2019

8:30 am to 4:30 pm

Academy for Professional Excellence  
6367 Alvarado Court; Suite 103  
San Diego, CA 92120

## Course Description

This course will offer an opportunity for learners to advance their understanding and practice of Motivational Interviewing (MI). In this interactive, skills-based training, learners will be able to apply what they already know about MI as well as implement advanced skills to increase their understanding and practical skills in the four processes of motivational interviewing with an emphasis on complex reflections. This course is for individuals who already have a foundation in MI. Completion of MI or MIJI is a prerequisite for this advanced skills training.

Click here to see the [training outline](#).

**Prerequisite:** Completion of BH0003 or BH0229

## Audience

All behavioral health and substance-use therapists, counselors, family & support partners, case managers, and other direct service providers working within the behavioral health system of care.

## Learning Objectives

Upon completion of this training participants will be able to:

- Formulate complex reflections in order to assist an individual's exploration of their own motivation for change.
- Demonstrate at least two skills to address sustain talk and discord.
- Elicit and build momentum toward commitment language that favors positive health and/or behavior change.
- Identify strategic directional MI skills when responding to languages including: Discord, Ambivalence, Sustain Talk, and Change Talk.
- Apply the basic four skills differentially in each of the four processes of MI to support an individual's goal to change.

[Click Here](#) to log into the LMS and Register

**Registration:** If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email [RIHS@sdsu.edu](mailto:RIHS@sdsu.edu) if you have any questions. This training is FREE of charge to BHS County employees and contractors.

**Continuing Education:** This course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP10-906-CH0320 for 7 contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).