MOTIVATIONAL INTERVIEWING FOR JUSTICE-INVOLVED POPULATIONS: ADVANCED SKILLS TRAINING
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Learning Objectives

- Formulate complex reflections in order to assist an individual's exploration of their own motivation for change in the context of justice-involvement
- Integrate advanced skills with various criminal justice work settings and participant populations
- Differentiate between change talk, sustain talk, and commitment language
- Identify strategic directional MI skills when responding to languages including: Discord, Ambivalence, Sustain Talk, and Change Talk
- Demonstrate ways of evoking commitment to target behavior change
- Apply the basic four skills differentially in each of the four processes of MI to support an individual's goal to change

Time Activity

8:00 am – 8:30 am Sign-in
8:30am – 9:30am Introductions/Objectives/Engage
9:30am – 10:30am Review
Guiding Styles of Communication
10:30am - 10:45am Break
10:45am - 12:00pm Engaging Process and Reflective Listening
12:00pm - 1:00pm Lunch
1:00pm – 2:30pm Ambivalence and MI Spirit
Focusing Process
Evoking Process
2:30pm - 2:45pm Break
2:45pm – 4:20pm Evoking Process - continued
Discord and Sustain talk
Planning
4:20pm - 4:30pm Conclusion and Review

Creating experiences that transform the heart, mind and practice