Motivational Interviewing for Justice-involved Populations: Advanced Skills Training

Presented by: Igor Koutsenok, MD, MS

Course Code: BH0239

May 15, 2019
8:30 am to 4:30 pm
Academy for Professional Excellence
6367 Alvarado Court; Suite 103
San Diego, CA 92120

Course Description

This advanced skills training for Motivational Interviewing (MI) will allow learners working with justice-involved populations to increase their understanding and practical skills in the four processes of MI with an emphasis on complex reflections. It is designed for those who have learned the fundamentals of MI, practiced it over time, and now seek more advanced training in MI. Completion of MIJI or MI is a prerequisite for this course.

Learning Objectives

Upon completion of this training participants will be able to:

- Formulate complex reflections in order to assist an individual’s exploration of their own motivation for change in the context of justice-involvement.
- Integrate advanced skills with various criminal justice work settings and participant populations.
- Differentiate between change talk, sustain talk, and commitment language.
- Identify strategic directional MI skills when responding to languages including: Discord, Ambivalence, Sustain Talk, and Change Talk.
- Demonstrate ways of evoking commitment to target behavior change.
- Apply the basic four skills differentially in each of the four processes of MI to support an individual’s goal to change.

Course Outline

Prerequisite: Completion of BH0003 or BH0029

Audience

All behavioral health and substance-use therapists, counselors, family & support partners, case managers, and other direct service providers working within the behavioral health system of care.

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Registration: If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by clicking here. Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education: This course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EL, Provider # 15-98-398-0820, and CAADP Provider # CP10-906-CH0320 for 7 contact hours/CEHs. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.