

Introduction to Motivational Interviewing

Presented by [Rosemarie Campos Sachs](#)
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March 15 & 16, 2019
6367 Alvarado Court, Room 105,
San Diego, CA 92120

Course Description

How do you help someone who is ambivalent about change? Originally developed to treat adults with substance use issues, Motivational Interviewing (MI) has evolved into a counseling approach that applies to multiple fields, and across cultural lines. MI emphasizes empathetic listening and techniques to empower client self-determination and positive action. In this two session, 11 hour training, participants will learn the foundations of MI and practice MI techniques.

To view the course outline, [click here](#).

11 CE Hours

Learning Objectives

Upon completion of this training, participants will be able to:

- Describe the principles and foundations of Motivational Interviewing
- Identify benefits of using MI with people receiving services
- List the stages of change
- Apply MI at each stage of change
- Apply MI principles and techniques in treatment
- Integrate MI techniques into current practice
- Respond to sustain talk and discord

Registration is Open! [Click Here](#)

Or visit <https://bit.ly/2SbvSkP>

Registration: The early bird registration for the training is \$270. Early bird registration will be available until February 15, 2019. Registration will remain open until March 14, 2019.

Refund Policy: To view our refund policy, [click here](#). Refunds will be issued until March 8, 2019. All tickets purchased after March 8, 2019 are final. For additional questions, contact kwood@sdsu.edu

Continuing Education: This course meets the qualifications for up to 11 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP10-906-CH0320 for up to 11 contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

This training is being offered for a fee so that it can be accessed by those who are not eligible to access existing Academy trainings due to agency affiliation, contract scope limitations, or other factors.

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