Sexual Health Conversations with Youth and Families

(Course Code: BH0233)

DATE AND TIME
January 16, 2019
8:30 AM to 4:30 PM

LOCATION
Academy for Professional Excellence
6367 Alvarado Court, Suite 105
San Diego, CA 92120

PRESENTER
Susan Writer, Ph.D

LEARNING OBJECTIVES

Upon completion participants will be able to:

- Describe the course of physiological and psychological sexual development in youth inclusive of identifying appropriate developmental behaviors and exploration at different stages of development relative to overall brain development and psycho-social functioning
- Examine different sources of bias and fears in youth, families, and providers as it pertains to sexual health (e.g., cultural, ethnic, religious, historical, etc.)
- Define ‘sexual identity’ and ‘gender identity’ and how these two identity concepts apply to everyone
- Define healthy sexual exploration in the context of physiological and psycho-social sexual development in youth and the role of social media and the effects of generational differences
- Identify ways to discuss sexual health with children, youth and families

AUDIENCE
Counselors, family and youth support partners, therapists, case managers, teachers, social workers, probation officers, and other individuals working with children, youth, and families.

Registration
If you already have an account, you may search for the course by name or course code. Click here to log into the LMS. If you do not already have an account in the LMS you will need to open an account. Please click here to request an LMS account. Email BHETA@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Continuing Education
This course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapist to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 15-98-398-0820, and CAADE Provider # CP10-906-CH0320 for 7 contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to obtain CE Certificates. Click here for the CE Grievance Procedure.

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