



# Relapse Prevention

(Course Code: BH0208)

## DATE AND TIME

January 22, 2019  
8:30am to 4:30 pm

## LOCATION

Academy for Professional Excellence  
6367 Alvarado Court; Suite 105  
San Diego, CA 92120

## COURSE DESCRIPTION

Relapse Prevention is a cognitive-behavioral approach to relapse intended to identify and prevent high-risk situations such as, substance abuse. This course will define relapse in the context of recovery, discuss the fundamental concepts of relapse prevention, and allow participants to create relapse prevention plans from evidence-based practices. [Click here to see the training outline.](#)

## AUDIENCE

All BHS SUD providers, counselors, family & support partners, and case managers.



## Trainer

[Terri Hagmann](#)



## Learning Objectives

Upon completion of this training participants will be able to:

- Define substance use disorders (SUD) relapse
- Define relapse prevention
- Choose appropriate evidence-based practices for treatment
- Develop a relapse prevention plan

**Registration** If you already have an account, you may search for the course by name or course code. [Click here](#) to log into the LMS . If you do not already have an account in the LMS you will need to open an account. Please [click here](#) to request an LMS account. Email [BHETA@sdsu.edu](mailto:BHETA@sdsu.edu) if you have any questions. This training is FREE of charge to BHS County employees and contractors.

**Continuing Education** This course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0820, and CAADE Provider # CP10-906-CH0320 for 7 contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).



Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.

