

Perinatal Mood and Anxiety Disorders  
Training Outline

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December 13, 2018  
8:30 AM-12:30 PM

8:30 AM – 8:45 AM	Itinerary and Introductions
8:45 AM – 9:30 AM	Defining PMADs and the Impact left untreated
9:30 AM - 10:15 AM	Diagnostic Criteria, Symptoms and Prevalence
10:15 AM- 10:30 AM	Break
10:30 AM – 10:45 AM	Screening and Assessment
10:45 AM- 11:45 AM	Interventions and Community Resources
11:45 AM – 12:15 PM	Empathetic Communication and Small Group Activity
12:15 PM – 12:30 PM	Q&A