



# Compassion Fatigue

(Course Code: BH0207)

## DATE AND TIME

October 25, 2018  
8:30 am to 4:30 pm

## LOCATION

Academy for Professional Excellence  
6367 Alvarado Court; Suite 105  
San Diego, CA 92120

## COURSE DESCRIPTION

Compassion fatigue is a common experience among behavioral health practitioners and other direct service providers, especially those working with traumatized and/or underserved populations. This training takes the perspective that compassion fatigue is a predictable experience based in the nature of the work and the systems within which behavioral health practice occurs. This training will offer participants an overview of evidence-based best practices to address compassion fatigue, suggest new ways of thinking about self-care and help participants identify strategies that are likely to assist in preventing and buffering against compassion fatigue. In addition, since compassion fatigue occurs in an emotional and interpersonal context, the training will include opportunities for participants to share and learn from each other's experience [Click here to see the training outline.](#)

## AUDIENCE

All BHS therapists, counselors, family & support partners, case managers, and other direct service



## Trainer

[Arianne Miller, Ph.D](#)



## Learning Objectives

Upon completion of this training participants will be able to:

- Recognize early and late signs of compassion fatigue and burnout
- Explain systematic issues and interpersonal habits that contribute to compassion fatigue
- Discuss strategies for addressing compassion fatigue with clients
- Identify self-care goals and practices that can help to prevent or minimize compassion fatigue

**Registration** If you already have an account, you may search for the course by name or course code. [Click here](#) to log into the LMS . If you do not already have an account in the LMS you will need to open an account. Please [click here](#) to request an LMS account. Email [BHETA@sdsu.edu](mailto:BHETA@sdsu.edu) if you have any questions. This training is FREE of charge to BHS County employees and contractors.

**Continuing Education** This course meets the qualifications for **7** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0818, and CAADE Provider # CP10-906-CH0320 for **7** contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).



Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.

