Relapse Prevention
October 4, 2018

8:30am-9:00am  Introductions

8:45 – 10:00  Define Relapse in context of Recovery

10:00am-10:15am  Break

10:15am-12:00noon
Activity -
Overview of fundamental concepts of Relapse Prevention
• definition,
• model,
• characteristics,
• and components.
Evidence-based practices for relapse prevention

12:00noon-1:00pm  Lunch

1:00pm-2:00pm
Relapse Prevention case formulation/conceptualization
Activity – Develop a relapse prevention plan

2:00pm-2:15pm  Break

2:15pm-4:15pm
Diversity issues, including cultural competency and supporting recovery culture

Learning Objectives:  Upon completion of this trainings participants will be able to:

• Define SUD relapse
• Define relapse prevention
• Choose appropriate evidence-based practice for treatment
• Develop a relapse prevention plan