

Working with Transitional Age Youth (TAY) Training Series

Outline

Day 1: July 31, 2018

8:30 am – 9:00 am	Training Introduction, Description of series
9:00 am – 9:30am	Experiential Engagement Activity
9:30am – 10:30am	Introduction to TAY Development <ul style="list-style-type: none">- Overview of Developmental Theories of TAY- Transition Challenges- Psychological/Social Development- Identity Development- The TAY Brain- Relational Attachments
10:30 am – 10:45 am	15 minute Break
10:45 pm – 12:00 pm	Trauma, Stress, and Communication
12:00pm – 1:00 pm	1 hour Lunch
1:00pm - 2:30 pm	<ul style="list-style-type: none">- Identifying Our Role- Compassion Fatigue and Stress Management- Boundaries and Compassion
2:30 pm – 2:45 pm	15 minute break
2: 45 pm – 3:15 pm	<ul style="list-style-type: none">- Culture Game – Blackjack
3:15pm – 4:15 pm	<ul style="list-style-type: none">- Wheels of Culture
4:15 pm – 4:30 pm	Homework/closing remarks

Day 2: August 14, 2018

8:30 am – 8:45 am	Reviewing Homework and discussing last class
8:45 am – 12:00pm	Skills Practice with TAY Participants <ul style="list-style-type: none">- Compassionate Communication/Making Connections- Self-Care- Developing E.Q. and Grounding
10:30am - 10:45am	Break
10:45am – 12:00pm	More Skills Practice <ul style="list-style-type: none">- Experiential Learning and Teaching- Tracking progress- Maintaining Trauma-Informed Perspectives
12:00 pm – 1:00 pm	1 hour lunch
1:00pm-2:30 pm	TAY Participant Panel and general discussion <ul style="list-style-type: none">- Connection with TAY- Challenges of Transition- Qualities and Character of Anchored TAY providers
2:30pm – 2:45 pm	Break
2:45pm – 4:00 pm	Obstacles and Challenges <ul style="list-style-type: none">- Generational Issues- Social Media- Entitlement- Unique Populations- Substance Abuse- Shame- Housing and Productivity
4:00pm – 4:15 pm	The “Cube” Analogy
4: 15 pm – 4:30pm	Homework/closing remarks

Day 3: August 28, 2018

(Draft—activities will be updated and finalized soon)

8:30 am – 8:45 am	Reviewing Homework and discussing last class
9:00 am – 11:30 am	Navigating Transition <ul style="list-style-type: none">- Engaging TAY in driving their own lives- Transition tools to navigate specific domains
10:00 am – 10:15 am	15 minute Break
11:30 am – 12:30 pm	Wrap up, questions, next steps