

Withdrawal Management in Residential Settings

Training Outline

6/28/18

8:30 am – 4:30 pm

Instructor, Mary Hubbard, MA, LAADC, SAP

Workshop objectives –

1. Identify the “2018 Principles of Drug Addiction Treatment” and the relationship to Integrated services
2. Describe the ability to recognize the coordination of care regarding withdrawal management for direct service providers
3. Identify the most commonly used drugs and the physical and behavioral withdrawal symptoms of each drug
4. Explain two (2) of the ten (10) Co-Occurring Core competencies with an emphasis on withdrawal management:
 - a. Number 5: Ability to develop and implement an integrated plan
 - b. Number 6: Ability to implement interventions according to the integrated plan
5. Describe MAT and the importance of medications in integrated services.
6. Identify the importance of networking with other agencies especially for withdrawal situations that a counselor may feel anxious about dealing with

9:00 am – Introductions - Name Card, objectives, prizes, breaks, Goals and other Housekeeping items

9:30 am – Open Discussion on what type of Cases are seen in an outpatient setting regarding withdrawal and withdrawal management? Instructor will list on the board the types of policies, procedures and requirements that different agencies have and need in place

10:20 am – Review whiteboard to decide what we will and what we will not be talking about in this workshop

10:30 am – What does withdrawal management consist of? Show portions of the short HBO film on the Hijacked Brain by D. Nora

10:45 am – Break 15 minutes

11:00 am – Handouts will include the **2018 Principles of Drug Addiction Treatment**. We will briefly review some of the more commonly accepted principles but focus more time on the three that specifically relate to this topic. 1) Integrated Care 2) (MAT) medications in the approach to treatment (if deemed appropriate) and 3) utilizing Evidence Based Practices with an emphasis on

helping participants to be able to understand EBP's and EBT's AND document these practices and the outcomes.

12:30 pm - 1:30 pm – LUNCH

1:30 pm – Break into groups and each group, hopefully five groups, will be given a different case from a different type of outpatient. They will be given ½ hour to come up with a plan that includes Objective 4 and number 5 and 6 with different information on each case so participants can learn from others in the group.

2:00 pm – presentations by each group.

3:15 pm – Break 15 min

3:30 pm – presentations, continued

4:00 pm – Jeopardy PowerPoint game that includes categories with questions from that topic in each category.

- a. Drugs- effects, withdrawal symptoms of most common drugs used in outpatient
- b. MAT- from terms such as synergistic to type of medications used for which drugs.
- c. ASAM- the dimensions, info about ASAM withdrawal management and possible cases to choose the dimension it relates to.
- d. Terms- coordination of care, co-occurring terms, integrated services, trauma informed services
- e. Approaches – types of treatments available

4:45 – Prizes, closing exercises – summary & review of the day