

***Working with Immigrant Communities:
Meeting the Unique Behavioral Health Needs of Newcomers in San Diego
County***

June 6, 2018
8:30 AM – 12:30 PM

Presenters: Rachel Mahoney, MSW and Jessica Roach, ASW

Agenda

1. Introductions and Background
2. Immigration Terminology
3. Demographics within San Diego
4. Trauma: Definitions and Discussion
5. Common Views toward Behavioral Health in Newcomer Communities
6. Barriers to Services for Refugees, Immigrants, and Asylum Seekers
7. Acculturation: Cultural Context → Cultural Responsiveness
8. Trauma-Informed Care (TIC) Overview
9. How to Provide TIC to Newcomer Service Recipients
10. How to Practice TIC with Yourself – Vicarious Trauma and Self-Care
11. Q & A
12. Posttest