Relapse Prevention
June 12, 2018

8:30am-9:00am  Introductions

8:45 – 10:00  Define Relapse in context of Recovery

10:00am-10:15am Break

10:15am-12:00noon  
Activity -  
Overview of fundamental concepts of Relapse Prevention  
• definition,  
• model,  
• characteristics,  
• and components.  
Evidence-based practices for relapse prevention

12:00noon-1:00pm Lunch

1:00pm-2:00pm  
Relapse Prevention case formulation/conceptualization  
Activity – Develop a relapse prevention plan

2:00pm-2:15pm Break

2:15pm-4:15pm  
Diversity issues, including cultural competency and supporting recovery culture

Learning Objectives:  Upon completion of this trainings participants will be able to:

• Define SUD relapse  
• Define relapse prevention  
• Choose appropriate evidence-based practice for treatment  
• Develop a relapse prevention plan