

Behavioral Health Education and Training Academy presents



# Relapse Prevention

Trainer: Terri Hagmann

(Course Code: BH0208)

## DATE AND TIME:

June 12, 2018  
8:30 AM to 4:30 PM

## LOCATION:

Academy for Professional Excellence  
Training Room  
6367 Alvarado Court, STE 105  
San Diego, CA 92120

## COURSE DESCRIPTION:

Relapse Prevention is a cognitive-behavioral approach to relapse intended to identify and prevent high-risk situations such as, substance abuse. This course will define relapse in the context of recovery, discuss the fundamental concepts of relapse prevention, and allow participants to create relapse prevention plans from evidence-based practices.

**AUDIENCE:** All BHS SUD providers, counselors, family & support partners, case managers.

**TRAINER:** [Terri Hagmann](#)

## LEARNING OBJECTIVES:

Upon completion of this training participants will be able to:

- Define SUD relapse
- Define relapse prevention
- Choose appropriate evidence-based practices for treatment
- Develop a relapse prevention plan

Click [here](#) for training outline.

**REGISTRATION:** If you already have an account, you may search for the course by name or provided course code. [Click here](#) to log into the LMS. If you do not already have an account in the LMS you will need to open an account. Please [click here](#) to request an LMS account. Email [BHETA@sdsu.edu](mailto:BHETA@sdsu.edu) if you have any questions. This training is FREE of charge to BHS County employees and contractors.

**CONTINUING EDUCATION:** This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0818, and CAADE Provider Number CP10-906-CH0320 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#)

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Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

