



Compassion Fatigue

DATE AND TIME:

March 13, 2018
8:30 AM to 4:30 PM

LOCATION:

Academy for Professional Excellence
Training Room
6367 Alvarado Court, STE 105
San Diego, CA 92120

COURSE DESCRIPTION:

Compassion fatigue is a common experience among behavioral health practitioners and other direct service providers, especially those working with traumatized and/or underserved populations. This training takes the perspective that compassion fatigue is a predictable experience based in the nature of the work and the systems within which behavioral health practice occurs. This training will offer participants an overview of evidence-based best practices to address compassion fatigue, suggest new ways of thinking about self-care and help participants identify strategies that are likely to assist in preventing and buffering against compassion fatigue. In addition, since compassion fatigue occurs in an emotional and interpersonal context, the training will include opportunities for participants to share and learn from each other's experience.

AUDIENCE: All BHS therapists, counselors, family & support partners, case managers, and other direct service providers working with children, youth and families.

TRAINER: [Arianne Miller, Ph.D.](#)

LEARNING OBJECTIVES:

Upon completion of this training participants will be able to:

- Recognize early and late signs of compassion fatigue and burnout
- Explain systematic issues and interpersonal habits that contribute to compassion fatigue
- Discuss strategies for addressing compassion fatigue with clients
- Identify self-care goals and practices that can help to prevent or minimize compassion fatigue

Click [here](#) for training outline.

REGISTRATION: If you already have an account, [click here](#) to log into the LMS to register. If you do not already have an account in the LMS you will need to open an account. Please [click](#) here to request an LMS account. Email BHETA@mail.sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0818, and CAADE Provider Number CP10-906-CH0320 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#)

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Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

