

Working with Transitional Age Youth (TAY) Populations

Outline

Day 1: March 6, 2018

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| 8:30 am – 9:00 am | Training Introduction, Description of series |
| 9:00 am – 9:30am | Experiential Engagement Activity |
| 9:30am – 10:30am | Introduction to TAY Development <ul style="list-style-type: none">- Overview of Developmental Theories of TAY- Transition Challenges- Psychological/Social Development- Identity Development- The TAY Brain- Relational Attachments |
| 10:30 am – 10:45 am | 15 minute Break |
| 10:45 pm – 12:00 pm | Trauma, Stress, and Communication |
| 12:00pm – 1:00 pm | - Lunch |
| 1:00pm - 2:30 pm | - Identifying Our Role <ul style="list-style-type: none">- Compassion Fatigue and Stress Management- Boundaries and Compassion |
| 2:30 pm – 2:45 pm | 15 minute break |
| 2: 45 pm – 3:15 pm | - Culture Game – Blackjack |
| 3:15pm – 4:15 pm | - Wheels of Culture |

Day 2: March 20, 2018

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| 8:30 am – 8:45 am | Reviewing Homework and discussing last class |
| 8:45 am – 12:00pm | Skills Practice with TAY Participants <ul style="list-style-type: none">- Compassionate Communication/Making Connections- Self-Care- Developing E.Q. and Grounding |
| 10:30am - 10:45am | Break |
| 10:45am – 12:00pm | More Skills Practice <ul style="list-style-type: none">- Experiential Learning and Teaching- Tracking progress- Maintaining Trauma-Informed Perspectives |
| 12:00 pm – 1:00 pm | 1 hour lunch |
| 1:00pm-2:30 pm | TAY Participant Panel and general discussion <ul style="list-style-type: none">- Connection with TAY- Challenges of Transition- Qualities and Character of Anchored TAY providers |
| 2:30pm – 2:45 pm | Break |
| 2:45pm – 4:00 pm | Obstacles and Challenges <ul style="list-style-type: none">- Generational Issues- Social Media- Entitlement- Unique Populations- Substance Abuse- Shame- Housing and Productivity |
| 4:00pm – 4:15 pm | The “Cube” Analogy |
| 4: 15 pm – 4:30pm | Homework/closing remarks |

Day 3: April 3, 2018

(Draft—activities will be updated and finalized soon)

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| 8:30 am – 8:45 am | Reviewing Homework and discussing last class |
| 9:00 am – 11:30 am | Navigating Transition <ul style="list-style-type: none">- Engaging TAY in driving their own lives- Transition tools to navigate specific domains |
| 10:00 am – 10:15 am | 15 minute Break |
| 11:30 am – 12:30 pm | Closing/Graduation |